December 2019

Happy Holidays!

From The Village of Warburg and Warburg FCSS







What's going on?

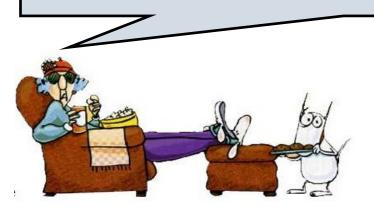
DROP IN GAME DAY - WEDNESDAYS FROM 1-3 P.M.

\$2.00 Drop in fee

Are you looking for an excuse to get out of the house? Do you like to socialize, meet new people, and connect with old friends? Pop on by the Senior's center every Wednesday afternoon for a couple hours of laughter, fun and games!

QUILTING - Tuesdays from 9:30 a.m. - 2:00 p.m. at the Seniors Centre. This is an open activity for all ages! It's a great time to socialize with others who enjoy the art, as well as for newbies who'd like to learn a new skill! If you have any questions, please call Nancy at 780-848-7756.

Come join us at the Seniors Centre on **December 18 at 12:00 p.m.** for a fantastic homemade Roast Beef Lunch, complete with all the fixings! For \$10 a plate you can't get a better meal for a better deal!!! We can't wait to see everyone there, and thank you to all those who have supported the Seniors Centre in 2019!



Roast Beef Luncheon



With Heartfelt Gratitude...

Warburg Legion would like to extend a HUGE thank you to all who came out to help and support our Remembrance Day Ceremony. Without you, this event could not have been possible.



EARLY CHILDHOOD

STAY 'n' PLAY

Are you looking for a program that encourages play and offers opportunities to connect with other children and adults in the community? Our curriculum (0-5 years) promotes active exploration of 'loose parts' and child-directed play. Healthy brains are built on quality playtime and strong relationships. You are your child's best play partner and most important teacher.

'n' PLAY PLUS

Stay N' Play and then some! Join us for more of what happens at Stay N' Play, plus expanded curriculum, activities and discussions about early childhood development. Come out to play, chat and learn about the factors that influence development.

Both programs are offered in the Village Office Basement—use the Front Door

Warburg

Unless otherwise noted, programs in Warburg are held at the Village of Warburg office, downstairs (5212 - 50 Ave.).

Program	Dates	Time	Registration	
Stay 'n' Play	Thursdays, Sept. 12 to Dec. 12	9:30 – 11:45 a.m.	drop-in	
Stay 'n' Play PLUS	Thursdays, Sept. 12 to Dec. 12	1 – 2:30 p.m.	drop-in	





Parent Link Programs

will be closed for the Christmas season

December 16, 2019 - January 3, 2020

See you again on the week of January 6, 2020



Quick Info & Contacts:

If you would like information about our programs, or would like to see other early childhood development opportunities in your community, please contact us at the numbers listed below. We also offer 1:1 supports with our Early Years Mentors.

780-979-2386 / 1-866-979-2386 Telephone:

780-720-4627 Cell/Txt:

Email: Irplc@leduc-county.com

Facebook: facebook.com/leducregionalparentlink

Leduc County Webpage

Calendar: Program Guide: https://www.leduc-county.com/services/fcss

https://www.leduc-county.com/public/download/documents/12222

In Leduc...





January - June 2020 WORKSHOPS

Grief & Loss

January 7, 14, 21, 28, February 4 1:00 - 3:00 PM

Cost: \$10 for workshop materials Look at your old beliefs about dealing with loss, losses that have affected your life and take actions that will lead you to complete unresolved emotions that may still be causing you pain. Action-based group, safe environment. Pre-workshop reading assignment required. 5-part workshop.

Your Best Weight

January 20, 1:00 pm - 3:00 pm February 19, 4:00 pm - 6:00 pm March 25, 6:00 pm - 8:00 pm April 22, 4:00 - 6:00 pm May 12, 6:00 pm - 8:00 pm June 22, 1:00 pm - 3:00 pm

This workshop is designed for people living with obesity or at risk of developing obesity. Learn what obesity is, risk factors for weight gain, treatment options and how to set realistic expectations for weight loss using the concept of Best Weight.

Child and Teen Anxiety

May 6, 13, 20, 27, June 3 Children's group (8-12 years) 6:00 - 7:30 pm Teen's group (13-18 years) 7:45 - 9:00 pm Children and teens will learn to recognize the signs of unwanted anxious thoughts and feelings and will practice new tools to manage and cope with anxiety and panic attacks. 5-part workshop.

Adult Anxiety

March 3, 10, 17, 6:00 pm - 8:00 pm Adults will learn to recognize the signs of unwanted anxious thoughts and feelings. They will learn and practice new tools to manage anxiety and panic attacks.3-part workshop.

Happiness Basics

January 23, 30, February 6, 13, 1:00 pm - 3:00pm* Thorsby Arctic Spa Recreation Complex April 16, 23, 30, May 7, 4:00 pm - 6:00 pm Leduc PCN Office

* all classes held at the LBD office in Leduc (4710 - 50 ST)

unless indicated.

Cost: \$20 for workshop materials

This 4-part workshop teaches skills to boost overall happiness. Improve mood, vitality and energy levels, boost physical and mental health and reduce pain.

Move Into Health

Tues & Thurs starting Janaury 7, 4:00 - 4:45 pm This 6 week class will provide participants with the basics of starting an exercise program with small equipment, something they can continue to do at home on their own.

Heart Health

February 3 & 10, 1:30 pm - 4:00 pm (2-part) Learn about risk factors for heart disease and stroke; how to reduce your risks as well as how to recognize and react to the warning signs for heart attack and stroke. Learn about fats, sodium, sugar, fibre, label reading and meal planning for a heart healthy diet.

Taking Charge: Daily Management of Type 2 Diabetes

January 15 or March 9, 1:30 pm - 4:00 pm Learn about type 2 diabetes and what affects your blood sugar. Explore the key strategies you can use to control your blood glucose levels.

Diabetes Healthy Eating

January 29 or March 16, 1:00 - 4:00 pm Learn tips to manage your blood sugars through: meal timing, balanced meals, carbohydrate choices and reading food labels.

To register for Grief & Loss, Your Best Weight, Anxiety workshops, Happiness Basics or Move Into Health: www.lbdpcn.com or 780-986-6624. To register for Heart Health, Taking Charge: Daily Management of Type 2 Diabetes or Diabetes Healthy Eating, please call 780-401-2665.



Leduc County Programs and Workshops

Could they be a benefit to you?



Seniors Services provides preventative social programs that assist seniors and people with disabilities in maintaining their independence and enhancing their quality of life.

A housekeeping subsidy is available to assist seniors and adults with disabilities to live as independently as possible in their own safe, clean and comfortable homes.

To be eligible for the housekeeping subsidy, you must:

- be a senior (65+) or an adult with a disability or inability to complete household tasks,
- be a resident of Leduc County, Calmar, Thorsby, or Warburg, and have a total household income of less than \$60,000 a year (as a couple) or less than \$40,000 (as a single).

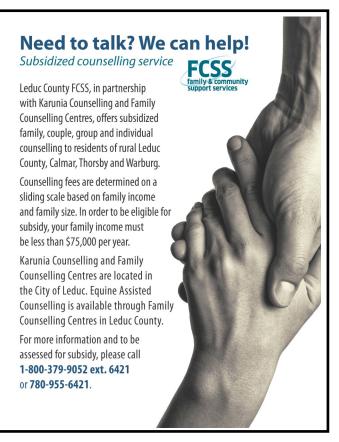
Housekeeping fees are determined based on family income level and eligibility to other subsidies. The services are provided through a partnership with Serving Hands Senior Care Inc.



Seniors Services also offers one-to-one support to assist you with:

- Information and referrals to other local resources
- Assistance with forms and applications
- Advocacy and coordination of services
- Goal setting and future planning direction

For more information or to access any of these programs, please contact the Seniors Services Coordinator at **780-955-4554**.



in Thorsby

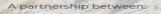
This workshop teaches skills to boost overall happiness. Improve mood, vitality and energy levels, boost physical and mental health and reduce pain.

Cost: \$20 for workshop materials

Taught by a PCN Mental Health Clinician

This is a 4-part workshop January 23, 30, February 6 & 13, 2020 1:00 pm - 3:00 pm

To register, visit









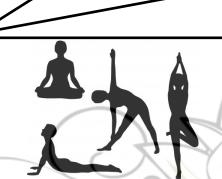


Around the Village...

WARBURG

WARBURG ALLIANCE YOUTH GROUP "THE ELI'S"

This is a fantastic drop-off program run by the gentlemen at the Alliance Church, for ages 8-18. Once a month, this program will run from 6-8 p.m. and feature some incredible activities that boys and girls with all different interests will enjoy! Please contact Cody Lewis at 780-848-7577 or Clay Garrett at 780-898 -4193 with any questions you may have.



YOGA AT THE LIBRARY

Join instructor Stefanie Angus in the Village Basement every Wednesday at 6:30 p.m. Bring a donation, your yoga mat, a water bottle, and an open mind as you spend an hour stretching the stress away! Please contact 780-848-2391 with any questions regarding this event. The last Yoga of 2019 will be on December 18th, and will resume January 8th, 2020~~

Christmas Library Raffle - Tickets \$2 per or 3 for \$5, Draw to be held December 19, 2019

1st Prize - Homemade Quilt 2ns Prize - Christmas Tree of winnings - Individual draws for gift cards etc. Head down to the Library and purchase your tickets today!!!!

Supporting our Community: FCSS: Tami Tubbs -780-848-2828 Recreation: 780-848-2841

Join us for some Holiday Cheer at our

Christmas Open House

Friday December 20 1 p.m.-4p.m

At the Warburg Village Office

This is a great opportunity to discuss issues, concerns and praises with your Councillors!



From The Village Office, Staff and Village Councillors, we would like to wish you all a very Merry Christmas, and a HAPPY 2020!!!!!

SINCERELY,

Chris Pankewitz, Kevin Maine, Tina Smith, Steven Swartz, Ivan Laing, Dwayne Mayr, Nicole Rapati, Cori Eckert, Tami Tubbs, Rob Tessier and Dave Kuerbis





What Are You Doing Christmas Day?

Warburg Cultural Society is hosting a free

Country Christmas Dinner

December 25th from 1:00 to 5:00 pm at the Warburg Cultural Centre



Kids & Adults Fish Pond Music, Carols, Bring Your Own Games

Everyone welcome!

Please pre-register by calling Linda at 848.2916 or 780.966.2045 We will deliver a free dinner to shut-ins please let us know who they are. Last minute guests will be welcomed!



Admission: Free

We will be accepting donations for Warburg Cultural Society

Should you be interested in donating either food, items or cash to this amazing event, please contact Helen at 780-848-2944!!! This event is only made possible by the generosity of our wonderful friends and community members and the tireless effort of our fantastic volunteers!



Featuring Gordon Linguist, Evelyn Ramage, Henry

Crime Reduction Workshop

December 5, 2019 **Breton Golden Age Club**



Breton RCMP would like to invite the public to attend a Crime Reduction Workshop on December 5th, 2019 at the Breton Golden Age Club.

The workshop will be focussed on reducing crime to businesses, with topics including Physical Building Security, Electronic Payment (debit/credit card) Fraud and Insurance. The RCMP are pleased to present this workshop in conjunction with the Insurance Bureau of Canada and local financial institutions.

Thorsby/Breton RCMP Detachment Commander, Staff Sergeant Harp Dhaliwal, will provide an update on local issues and the policing initiatives underway to reduce crime in your area.

Please attend to learn more about what's happening in your detachment area and discuss how the RCMP and Breton area citizens can work together to keep this community safe!

Details:

Date: Thursday, December 5th, 2019

Time: 7:00 pm

Location: Breton Golden Age Club, 5020 50th Avenue, Breton, AB

Tickets available from:

Tickets: \$25

Shelley Davis 780-848-7594

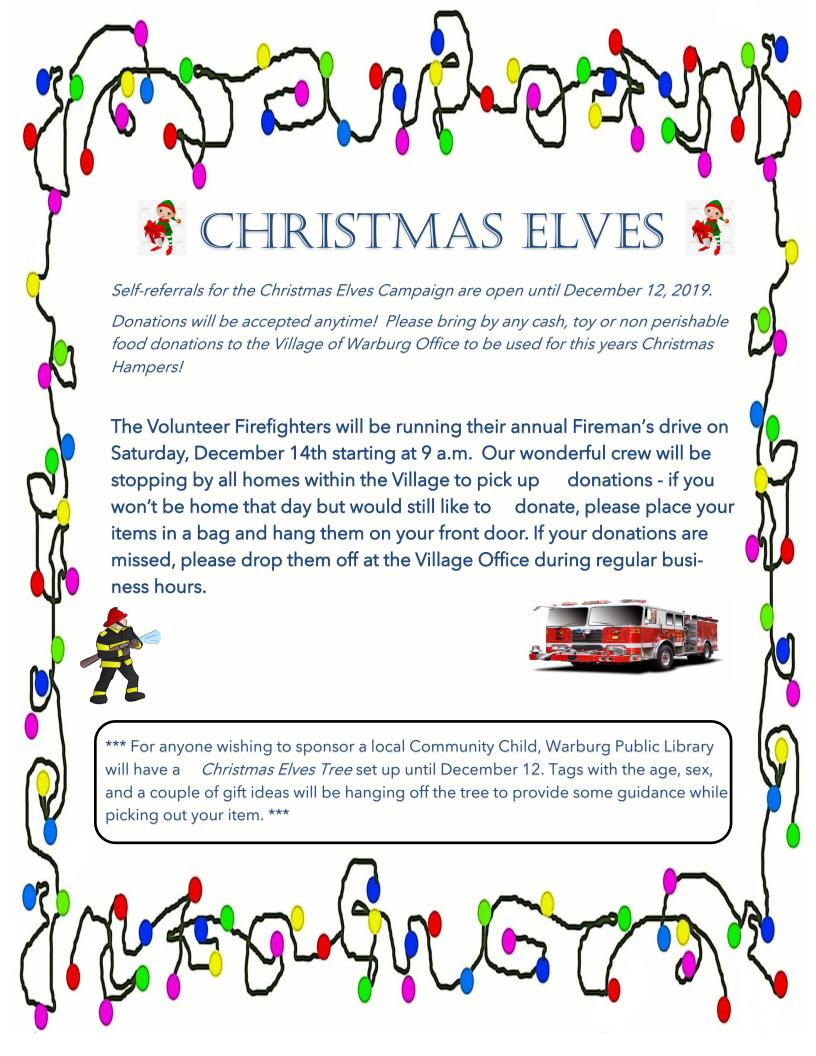
Ag Members

Village of Warburg office

Frank Moar_780-848-2502

Proceeds towards renovations at the Pioneer Recreation Centre

FCSS would like to send out an INCREDIBLY warm Thank You to all who came out and helped with the Shop for Mom and Pop! Marlene Kelly, Courtney Laing and the AMAZING FCSS Board members, you never cease to disappoint! A special shout out to Kamryn Klatt. Hannah Nielson. Kayla Rachynski. Hayley Johnson. Cody Dutchak. and Alyssa & Flicia Babcook - our young community members showing up to lend a hand with the littles is heartwarming and beyond appreciatioed!



GET INVOLVED...



HALL RENTAL RATES

1.	Hall, Kitchen & Lounge (full day - 6 am/24 hr.)	\$300
2.	Hall, Kitchen & Lounge (1/2 day, suppers etc.)	\$200
3.	Meetings (under 5 hours)	\$50
4.	Kitchen Only	\$100
5.	Lounge Only	\$100
6.	Event Pkg. #1 (Friday noon to Sunday noon)	\$450
7.	Event Pkg. #2 (Friday 6 am to Sunday 9 pm)	\$550
	Each additional consecutive day	\$150
8.	Damage Deposit	\$300
9.	Camping - All units must be self-contained or ex	tra

Full Hook-ups available at Warburg RV Park 780-848-2841

charges and/or damage deposit may be levied.

Use of Curling Rink, its bar, tables, etc. NOT INCLUDED

NEEDS YOUR SUPPORT with:

- √ Volunteering
- √ Board of Directors
- √ New and Fun Ideas

The Board meets the second Wednesday of every month at 7 p.m. (except July and August) and welcomes newcomers and guests.

Come see what we're all about and how we make the fun things in the community happen.

- Heritage Day Party in the Park and Parade
- Easter Egg Hunt and Hot Dogs
- Special Events and Parties
- Hall Rentals for your events



780-848-2841 for information



Warburg Ag Society

The Pioneer Agricultural Society's Annual General Meeting will be held on December 11, 2019 at 6pm at the Pioneer Agricultural (Community) Hall.

VOLUNTEER





AROUND WARBURG SCHOOL...

- We are doing an electronics drive to raise monies for our student programming!
 Please bring in any unwanted computers, tv's, laptops, cell phones, CD players, etc. to help rid the clutter at your place and support our school! We will be accepting donations until
 February.
- * Our Annual Christmas Concert will be taking place on Thursday, December 19th, at 7p.m. The Doors will be open at 6:30. Mrs. MacGregor and our k-6 students cannot wait to show you all they have been working so hard on!
- * Once again, our Small School with a Big Heart will be hosting a Christmas Dinner in the High School Gymnasium on December 20th at 11 a.m. This event is open to EVERYONE; please come and share a smile and some turkey with our students, staff and families!
- Parent council will have a box set up at the front of the school to accept any donations of additional school supplies and resources. Another way to minimize your clutter and maximize our student experience!
- * The last day of school is December 20th, and we come back to ring in the New Year on Monday, January 6th. From all of us at Warburg School, we wish you a very Merry Christmas, and a Happy New Year!!!

Warburg Girl Guides



Thursdays from 6:00 p.m. to 7:30 p.m.

Pioneer Recreation Centre (Community Hall)

Girls aged 5-17

For information please contact Shelley at 780-848-7594



Did you know? The Village offers a Bus Transportation Service to Leduc

every 1st and 3rd Thursday of the month! Whether you have errands to run, appointments to attend, or just want a day away from the house, call Kim at **780-848-7717** to reserve your seat! A Round trip only costs **\$8.00**. The bus departs from Cloverleaf Manor at 9:00 a.m.



Are you a Village Resident who could benefit from Meals on Wheels? Or interested in

Volunteering? Contact Tami 780-848-2828 for more Info.





Village of Warburg 2020

WASTE COLLECTION BLUE BAG COLLECTION

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Council Notes

November Council Notes:

Complete Minutes are available on our Website once approved at the next month's council meeting.

Alberta Service Alberta: re: Broadband

Councillor Mayr was designated as the broadband contact for the Village of Warburg and the Alberta Service Alberta Broadband information has been forwarded onto Nichols Applied Management.

Cat Bylaw

Council has tasked Administration with drafting a Cat Bylaw for their consideration.

FCSS Board

Katlyn Pawlick was appointed to the Warburg FCSS Board.

Library Board

Robin Duiker was appointed to the Warburg Public Library Board.

Parks & Recreation Board

Katlyn Pawlick was appointed to the Warburg & District Parks & Recreation Board.

2020 Proposed Parks & Recreation Budget

Council accepted the Parks, Recreation and Cultural Services Areas of Mutual Benefit to Rural and Urban Residents 2020 Proposed Budget.

Leduc Sub-Regional Emergency Partnership

Tree Trimming

Saws 'N' Ladders Ltd. will be continuing to trim trees and branches throughout the Village in December.

PLEASE NOTE: It has been discovered that some trees within the Village have an infestation of pine beetles. These trees will be removed in December. Please check the trees on your property for "boring dust", pitch tube (resin that pine trees produce to repel the beetle) and blue stain fungi.

Christmas Open House:

Please see insert page for all the information.

Holiday Office Hours:

Please see insert page for all the information and dates we will be closed for the holidays..

Council Meetings- Public is welcome and encouraged to attend!

Upcoming Regular meeting of Council will be held on Monday, December 9, 2019 @ 7:00 pm. Please note: All documents and notice of delegation intended to be submitted to the Council must be received by the CAO not later than 4:30 p.m. on the **Monday** of the week prior to the meeting.



A YEAR IN WARBURG & COMMUNITY 2019-2020

DECEMBER 2019 5 - COUNTRY BLEND 13&14 - ATOM HOCKEY TOURNAMENT AT ARENA 20 - VILLAGE OFFICE OPEN HOUSE FEBRUARY 2020 1&2- INITIATION HOCKEY TOURNAMENT AT ARENA 7/8/9 - MENS/LADIES BONSPIEL 14 - VALENTINES MURDER MYSTERY DINNER - ALLIANCE 15 - WARBURG SKATING SPAGHETTI SUPPER 21 - WINE TASTING - CULTURAL CENTRE	JANUARY 2020 3/4/5 - JUNIOR CURLING BONSPIEL 17 - SPIRIT TASTING - CULTURAL CENTRE 25 - MOMS & TOTS - ALLIANCE 25&26 - NOVICE HOCKEY TOURNAMENT AT ARENA MARCH 2020 6-8 - BRETON OILMAN'S BONSPIEL 20 - BEER TASTING - CULTURAL CENTRE 28/29 - MIXED BONSPIEL
APRIL 2020 11 - EASTER EGG HUNT 18 - Thorsby Fish and Game Social 25 - VOLUNTEER APPRECIATION BANQUET JUNE 2020 4/5/6/7 - JAM WEEKEND 27 - HERITAGE DAYS	9 - MOTHER'S DAY TEA - ALLIANCE JULY 2020
AUGUST 2020	SEPTEMBER 2020
OCTOBER 2020	NOVEMBER 2020 21- BAZAAR - COMMUNITY HALL 27- LIGHT UP WARBURG



DECEMBER 2019



Su	n	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	Stay and Play 9:30-11:45a.m. Stay & Play Plus 1-2:30 p.m. Shinny 3:30-5:30 Country Blend Concert	6 Shinny 3:30-6	7
Family Skate 1-3p.m.	8	9 Council Meeting 7 p.m.	10	Yoga 6:30 Village Basement Pioneer Ag Society' AGM 6p.m.	Bus to Leduc Stay and Play 9:30-11:45a.m. Stay & Play Plus 1-2:30 p.m. Shinny 3:30-5:30	13 Shinny 3:30-6	14
Christmas Choral Concert United Church 2p.m. Family Skate 1-3p.m.	15	16	17	Yoga 6:30 Village Basement	School Christmas Concert 7p.m. Shinny 3:30-5:30	Shinny 3:30-6 School Christmas Dinner 11 am Village Open House 1-4 pm.	21 Wreath Making at Alliance
Family Skate 1-3p.m.	22	23	24	25 Mary Mirmon	26	27 Shinny 3:30-6	28
Family Skate 1-3p.m.	29	30	31	January 1 NEW YEARS DAY Village Office is Closed	p.m. * Sew Heavenly 10:00 a.m. to 2:0	Quilters at Cultura 00 p.m.	ays 9:00 a.m 2:00 al Center Thursdays op open Wednes-