# WARBURG FCSS & RECREATION

# Back to School!!!







Family and Community Support Services phone: 780-979-2385 leduc-county.com

### MAKING SENSE OF ANXIETY

Parent Education Workshop

The increasing level of anxiety in children has many parents and caregivers looking for an explanation as well as a solution. In the Making Sense of Anxiety workshop, Dr. Gordon Neufeld sheds light on this topic, and discusses various ways anxiety can show up in children, including obsessions, compulsions, agitation, adrenalinseeking and self-harming behaviours. The workshop will focus on understanding the root causes of anxiety in children and on natural interventions that go beyond symptom management and open the door to lasting change. This workshop is focused on children, but the concepts discussed apply to all ages.

This is a four week registered workshop that will be held virtually (online) through a secure video meeting platform. It includes four online sessions of video material along with interactive workshop activities and will be facilitated by a social worker. Participation requires internet access by computer, laptop or smartphone. If you are a two-parent family, we encourage both parents to attend the sessions if possible.

Dates: Wednesdays, September 9-30, 2020 Time: 2 p.m. to 4 p.m. Location: online



To register for this program or for more information, call 780-955-6421 or email eugena@leduc-county.com.

Leduc County | New Sarepta | Town of Calmar | Town of Thorsby | Village of Warburg



Family Resource Network leduc-county.com ☐ Leduc County Family Resource Network

# **DISCOVER YOUR SENSES**

Warburg

Explore the five senses of touch, sight, smell, taste and hearing. During these sessions children identify, compare and classify items as they investigate the world around them. As this program will be held outdoors, please come prepared for the weather. Participants must be accompanied by an adult.

Date: Thursdays, September 10 to October 1, 2020
Time: 2 p.m. to 3 p.m.
Location: Warburg Centre Park, Warburg
Registration starts: Drop-in program;
registration is not required

To register for this program or for more information, call 780-979-2385 or email  $\underline{frn@leduc\text{-}county.com}.$ 



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## NAVIGATING MOTHERHOOD

Online

Are you expecting or have just had a baby? If you are having feelings of depression, anxiety or being overwhelmed, you are not alone. Join us as we share information, experiences and coping strategies focused on the symptoms of postpartum depression and anxiety, while connecting with other moms having similar challenges.

Date: Thursdays, September 10, 17, 24,
October 1, 8 and 15
Time: 1:30 p.m. to 2:30 p.m.
Location: Online via Microsoft Teams
A link will be sent out to participants
upon registration

Registration starts: On-going

To register for this program or for more information, call 780-979-2385 or email <a href="mailto:frn@leduc-county.com">frn@leduc-county.com</a>.



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# Alpha Children

Parent Education Workshop

Alpha children are often described as bossy, prescriptive and controlling, demanding, competitive and can be labelled as a bully. Alpha children are not only more challenging to parent, but also predisposed to a number of problems including anxiety, aggression, oppositionality and eating problems. The root of the problem - the alpha dynamic - is one of the least known and yet most impactful factors in a relationship. While the focus of the workshop is on children, the revelations and challenges are for us as adults.

This is a four week registered workshop that will be held virtually (online) through a secure video meeting platform. It includes four online sessions of video material along with interactive workshop activities and will be facilitated by a social worker. Participation requires internet access by computer, laptop or smartphone. If you are a two-parent family, we encourage both parents to attend the sessions if possible.

Dates: Wednesdays, Nov 18 – Dec 9, 2020 Time: 2 p.m. to 4 p.m. Location: online



To register for this program or for more information, call 780-955-6421 or email <a href="mailto:eugena@leduc-county.com">eugena@leduc-county.com</a>.

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phone: 780-979-2385
leduc-county.com

# Into the Heart of Suicide

Presentation on Suicide Awareness Day – September 10

Suicide is an often misunderstood issue that can create stigma and shame for family members and communities who are affected by it. In honour of World Suicide Prevention Day, we invite you to join us for this free online presentation that delves into the heart of suicide through story and theory, bringing new insight and understanding.

This presentation will be held virtually (online) as a webinar through Zoom and will be limited to a maximum of 100 participants. No registration in advance is required. Participation requires internet access by computer, laptop or smartphone.

Date: Thursday, September 10, 2020 Time: 2 p.m. to 4 p.m. Location: online Meeting Link:

https://zoom.us/j/93199030189



For more information, call 780-955-6421 or email eugena@leduc-county.com.

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Family and Community Support Services phone: 780-979-2385 leduc-county.com

# **Getting to Know Your Grief**

a supportive online environment for understanding and experiencing loss

Join us for a free online grief support group where you will learn about the nature of the grief process, emotion and healing. Build an online community of individuals experiencing similar challenges, gain practical strategies for navigating and emerge with a clearer direction for moving forward. This will be a safe space to support one another by honouring our emotions and sharing our stories. This 8 session online group will meet weekly for 1.5 hours starting Monday September 14th at 6 pm.

This is a registered group that will be held virtually (online) through a secure video meeting platform. Participation requires internet access by computer, laptop or smartphone. In partnership with Karunia Counselling, sessions will be facilitated by a Registered Provisional Psychologist and a Registered Social Worker. For more information or to register contact Eugena at 780-955-6421.

Date: Mondays, Sept 14 – Nov 9 (no group on Thanksgiving Monday) Time: 6 p.m. to 7:30 p.m. Location: online

To register for this program or for more information, call 780-955-6421 or email eugena@leduc-county.com.



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# **Breaking Loneliness**

Online Documentary Film Screening

"Breaking Loneliness" is a documentary by filmmaker Brandy Yanchyk about people finding ways to escape loneliness and social isolation. Loneliness is a social epidemic that is impacting all age groups around the world. Although most of us are connected on social media, we have never felt more alone. Many of us find ourselves isolated from our communities and feeling lonely. In this documentary we follow four people: John Chief Moon, Jace Laing-Schroeder, Tom Greyson and Julie Kraychy — all who have worked to overcome their own loneliness and social isolation and are now helping others to battle theirs. Join us for a free online screening of the film, a short presentation and Q & A with the filmmaker.

This is a registered session that will be held virtually (online) through a secure video meeting platform. Participation requires internet access by computer, laptop or smartphone. This program is open to residents of Calmar, Thorsby, Warburg, New Sarepta and rural Leduc County.

Date: Thursday, October 15 Time: 1:30 – 3:30 p.m. Location: online

To register for this program or for more information, call 780-955-6421 or email eugena@leduc-county.com.

Breaking Loneliness

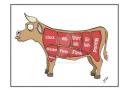


Brandy Y Productions ...

Leduc County | New Sarepta | Town of Calmar | Town of Thorsby | Village of Warburg



# FROM THE WARBURG CULTURAL CENTRE



We have our winners for our beef raffle!

1st Prize (1/2 beef) - Elizabeth Szepesy from Warburg! (she has generously offered to split her winnings with another winner, so Dale Broadbent was drawn! He will be giving the beef to his parents).

2nd Prize (1/4 beef) - Jeff Brodhagen from Beaumont

3rd Prize (1/4 beef) - Debbie Kadish from Thorsby

We would like to thank everyone who helped with the raffle in any way: Prima Dairy farms for donating a young Black Agnus. Ranchland Meats for donating the cutting and wrapping, and Al Gilchrist for donating half the cost of his services. Candice Prins needs a special pat on the back for all of the work she did to make this raffle successful. We also thank Warburg Village Market and Ranchland Meats for selling tickets for us. We raised roughly \$8000!

Thanks to all who bought tickets for this raffle. The money is helping keep the Cultural Centre going. Whatever is left from any of our fundraisers will go to maintenance and repairs of some water issues in the basement and to paying for the trees to be removed from our newly acquired property in behind the Cultural Centre.

Please check our Facebook page and our website for upcoming information on our monthly 50/50's. (your odds will be much better than the Oilers 50/50!)

Note: WCS is able to supply Charitable receipts for income tax purposes for any donations.



# Notice from the Office of the Village of Warburg



Please be advised that repaying of some of our Village streets will be continuing into September

- 1. 51st Avenue from 52nd street to 53rd street
- 53rd Street from 50th Avenue to 51st Avenue
- 50th Avenue from 50th Street to 53rd Street

Please be patient as these areas will experience partial or full road blocks while the construction is taking place.



#### **Budgeting and Credit Webinars**

In partnership with the Credit Counselling Society LAL is offering the following **Budgeting and Credit Webinars:** 

September 17, 2020 Online Webinar No Cost 1-3pm Making Cent\$ of Money: Budgeting 101: Participants will learn the 7 steps to budgeting helping them take control of their finances providing peace of mind.

September 22, 2020 Online Webinar No Cost 1-3pm 75 Ways to Save on Household Expenses: Participants will gather tips on how to save on household expenses including utilities, transportation and groceries.

September 23, 2020 Online Webinar No Cost 1-3pm The Truth About Credit: Participants will learn about the myths around credit, the facts around credit reports, credit ratings, and credit scores alongside strategies on how to protect or repair their

The Webinars will be presented on Zoom and can be accessed on any device. Prior to each webinar you will receive a link by email. Click the link to join the session. Note: each session will have its own link. These webinar's will be presented on Zoom.

To Call/Text: 780.915.9835 or email: learn@leducadultlearning.ca

## Call-in Instructions

- 1) Dial the toll-free number: 1.855.703.8985
- 2) You will hear the message: "Welcome to Zoom. Please enter your Meeting ID number followed by #" 225.573.6467#
- 3) The next message will be the following: "Please enter the participant ID or press the pound key"

\*There are no further ID numbers, please press the pound key
4) The next message will ask you to state your name and press the pound key (#). Please state your first name only.

Join electronically through the following link https://zoom.us/j/2255736467.

# What if I can't call myself into a program?

If you are not able to manage the call-in procedure, please call our staff at 780-395-2626 and they can help you register for programs that interest you. Participants who are registered will receive a call prior to the program and will connect to the call by pressing "1". Please note that these calls from an "unknown" or "private" number.

# Program Highlights

Empower Me: Have you ever considered where the money you spend on energy goes? Do you know how your home works or how your daily habits affect how much energy you use? Join us for a Home Energy Savings Workshop to learn more on August 5th at 3pm.

Parents of Estranged Children: This group is based on personal healing in order to foster healthier familial relationships. We base the work on cognitive practices that support people to shed old fears and negative belief systems so that together they can become healthier in their approach to self and other. In order to facilitate trust with the other participants we do ask that folks attend as much as possible the full 8 week program. Pre-registration is required.

# Code of Conduct



We value and support diversity and the human rights of others regardless of their race, religion, gender identity, & sexual orientation. We strive for an inclusive environment, mutual respect, fairness and equality. Please respect all group members and their opinions even if you may not agree. No disrespectful comments will be allowed.

SENIORS' CENTRE

WITHOUT WALLS

# COMMUNITY AWARENESS

Due to the unfortunate cancellation of our annual Community Awareness and Meet the Teacher BBQ, we asked community organizations to supply some basic contact information for any of those wishing to register or learn more about their groups and programs. We apologize in advance if we missed anyone; we will be doing another list in our October Newsletter as well! Please contact Tami at fcss@warburg.ca or 780-848-2828 to have your organization featured!

Warburg Minor Hockey Facebook: Warburg Minor Hockey

President: Tiffany Torkelson Email: ttorkelson1@outlook.com 780-542-1135

Registrar: Amanda Musser Email: adkmusser@gmail.com 780-974.2262



**Warburg Curling Club** 

Contact: Kevin Maine 780-848-2930

Starts October 5, Ages 8 and up

Warburg Play School Teacher: Melissa Abrams

President: Meagan Ringrose

Registrar: Courtney Laing 780-245-5433

Starts October 1st

Warburg Girl Guides 780-848-7594

Ages 5+

At the Community Hall. Call for more information and to register



Golden Phoenix Taekwondo Instructor: Master Shawn Arsenault 780-340-0010

Please call for more information and to register



Warburg Figure Skating 780-718-4203

Ages 3+. Please contact Cyndi Harris for more information and to register.



Thorsby Fish and Game 780-621-2200





### HALL RENTAL RATES

1.	Hall, Kitchen & Lounge (full day - 6 am/24 hr.)	\$300
2.	Hall, Kitchen & Lounge (1/2 day, suppers etc.)	\$200
3.	Meetings (under 5 hours)	\$50
4.	Kitchen Only	\$100
5.	Lounge Only	\$100
6.	Event Pkg. #1 (Friday noon to Sunday noon)	\$450
7.	Event Pkg. #2 (Friday 6 am to Sunday 9 pm)	\$550
	Each additional consecutive day	\$150
8.	Damage Deposit	\$300
9.	Camping - All units must be self-contained or ex	tra

Full Hook-ups available at Warburg RV Park 780-848-2841

charges and/or damage deposit may be levied.

Use of Curling Rink, its bar, tables, etc. NOT INCLUDED

# **NEEDS YOUR SUPPORT with:**

- √ Volunteering
- ✓ Board of Directors
- √ New and Fun Ideas

The Board meets the second Wednesday of every month at 7 p.m. (except July and August) and welcomes newcomers and guests.

Come see what we're all about and how we make the fun things in the community happen.

- Easter Egg Hunt and Hot Dogs
- Special Events and Parties
- Hall Rentals for your events



780-848-2841 for information



Warburg Ag Society



Looking for a way to get more involved in the community? Have a voice regarding social programming, events and services? Then the FCSS Board is right for you! We currently have a position on our board available! Meetings are once a month, and additional commitments are completely at your own discretion. Come volunteer for this role and help us support our local community members!

# FROM THE WARBURG PUBLIC LIBRARY

Please note that our Library is open to the public! The library will be a bit different, due to the safety measures being taken to keep all of our patrons safe.

Our hours will consist of 10am-1pm being put aside for vulnerable population (seniors, mobility restricted, immune comprised), 1pm-5:30pm open to the general public and no hours on Saturdays. Only 3 of our computers will be available, not for use of gaming. We will also only be allowing 13 patrons at a time to enter the building. Thank you for your cooperation in these uncertain times, we are excited to see all of you again.

Free disposable, non-medical face masks available to the public at the Library and Village Office, 1 Package of 6 per person

# ELECTR NICS EXPANDED. Alberteling



SMALL APPLIANCES

Clock
Fan
Hair dryer
Heater
Iron
Microwave
Residential Air
Conditioner

Toaster

Shaver

Vacuum



AUDIO VISUAL

CD Player Clock Radio Digital Camera

DVD Player Headphones Satellite Dish Satellite Radio

Speakers Video Camera

TELECOM

Answering Machine

Cell Phone

Landline Phone

Modem and Router

Pager

Satellite Phone

Speakerphone



POWER AND AIR TOOLS

Drill Grinder

Miter Saw

Nail Gun

Residential Air

Compressor

Sharpener

Shop Vacuum

Skillsaw Table Saw Ride-on Toy Toy Robot

Toy Vehicle

Video Gaming Equipment

GAMES, TOYS

AND MUSIC

Action Figure

Amplifier

Keyboard

Microphone

Guitar

Ask us about other electronics not listed above or visit albertarecycling.ca/epilot

40"w x 34"h - Match Pantone 639C

# ELECTRONICS RECYCLING IS EXPANDING IN WARBURG

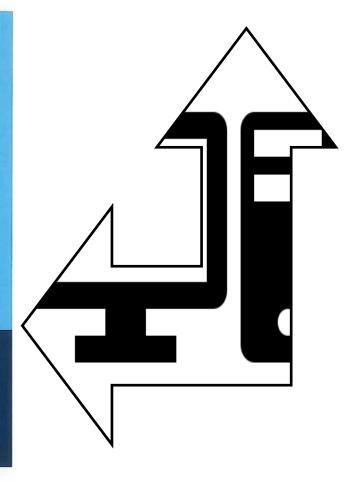
- · The existing electronic recycling bin and process will not change.
- We have a new bin that will take all of the items on the attached list.
- · No sorting of items for the new expanded program.
- · One bin for all newly accepted items.
- Most everything accepted including non-commercial solar panels.
- Items not accepted at this time include extra large items & Christmas lights

Leduc County Transfer Station (1 mile west of Warburg) Open Thursdays and Saturdays 9:00 a.m. to 5:00 p.m.

Village of Warburg www.warburg.ca 780-848-2841







# Brought to you by our friends at



The 1st Annual Warburg

# Egg Drop

Arena Parking Lot

SEPTEMBER 18 • 1 PM
SPONSOURED BY FORTIS ALBERTA

PLEASE PRE-REGISTER AT THE VILLAGE OFFICE OR ON OUR FACEBOOK PAGE. FOR MORE INFORMATION CHECK OUT OUR FACEBOOK PAGE FOR MORE INFORMATION IN THE FUTURE.

This FANTASTIC new community feature has been made possible by a License Agreement signed between the Board of Trustees at Black Gold School Division and the Village of Warburg. Thank you to the Black Gold School Division and Warburg School for working with the Village to turn this vision into a reality!!! \*\*\*this hill will be unsupervised. Use of the sledding hill is at your own risk\*\*\*



#### THANK YOU! THANK YOU! THANK YOU!

A special thank you going out to Border Paving for grooming the new toboggan hill on the Warburg School site.

Yes, it will be ready for sledding when the snow flies.

Please sled safely and take all necessary precautions.

## VILLAGE OF WARBURG

NOTICE IS HEREBY GIVEN THAT UNDER THE PROVISIONS OF THE MUNICIPAL GOVERNMENT ACT, THE VILLAGE OF WARBURG WILL OFFER FOR SALE BY PUBLIC AUCTION, TO BE HELD AT THE PIONEER RECREATION CENTRE, WARBURG, ALBERTA, ON SEPTEMBER 30, 2020 AT 2:00 P.M., THE FOLLOWING LANDS:

Lot	Block	Plan	Title #	Street Address	
22	2	2478 E.O.	102 315 942	5004-51 Street	
13	6	597 H.W.	122 108 310	5151-53 Street	
23	6	597 H.W.	032 448 189	5111-53 Street	
1	8	2182 M.C.	902 163 175	5204-50 Street	

EACH PARCEL WILL BE OFFERED FOR SALE SUBJECT TO A RESERVE BID AND TO THE RESERVATIONS AND CONDITIONS CONTAINED IN THE EXISTING CERTIFICATE OF TITLE.

TERMS: 10% Cash deposit and balance payable by cash or certified cheque within 48 hours.

THE VILLAGE OF WARBURG MAY, AFTER THE PUBLIC AUCTION, BECOME THE OWNER OF ANY PARCEL OF LAND THAT IS NOT SOLD AT THE PUBLIC AUCTION.

REDEMPTION MAY BE AFFECTED BY PAYMENT OF ALL ARREARS OF TAXES AND COSTS AT ANY TIME PRIOR TO THE DATE OF THE SALE.

DATED: JULY 7, 2020 AT THE VILLAGE OF WARBURG, IN THE PROVINCE OF ALBERTA.



# **Council Notes**

<u>Council Notes:</u> Complete Minutes are available on our Website once approved at the next month's council meeting.

# August 10, 2020 Minutes

# **MLA Mark Smith**

MLA Mark Smith was present to discuss with Council the following topics: COVID-19, the impacts of assessment model changes, Doctor negotiations and disputes, Federal Grants, Municipal Stimulus Program and the Health Care System.

# Sasha McLaughlin

Ms. McLaughlin was present to give a presentation for a film friendly policy and becoming a film friendly community.

# Policy #93/20—Directional/Advertising Signage

A policy is being created to allow local businesses erect directional/advertising signs.

# Policy #94/20—Village Parks—Private Usage

Policy 94/20 is to be amended with the following: "pay a fee of \$10.00 for access to water in the park."

# Policy #95/20—Business Signs at Spray Park

A policy is being created to allow local businesses to advertise at the Spray Park.

# **Municipal Stimulus Program**

The Village will approve and sign the Municipal Stimulus Program Memorandum of Agreement between Her Majesty the Queen and the Village of Warburg.

# **Community Park Washrooms**

LED bathroom lights will be installed in the washrooms at the Community Park. The outside of the washrooms will also be painted. Upgrades to the inside of the washrooms will be budgeted for 2021.

## Community Standards Bylaw—Section 211

The Community Standards Bylaw will be revisited with regards to recreation vehicle parking. Currently it allows only one recreation vehicle per premise. The Bylaw Officer will be directed not to enforce this portion of the bylaw until such time as a decision is made.

## **Cultural Centre Easement**

The total commitment for the tree removal and drainage on Lot 10 Block 3 Plan 0822558 will be \$4000 which includes any costs to register the easement on this property.

# **Leduc County—Assessment Model Changes**

The Village of Warburg will be sending a letter of support as requested by Leduc County urging our local MLA's to reconsider the assessment model changes and work with municipalities to better understand their impacts.

# **Council Meetings**

Upcoming Regular meeting of Council will be held on Monday, September 14th & September 28th, 2020 @ 7:00 pm. Please note: All documents and notice of delegation intended to be submitted to the Council must be received by the CAO no later than 4:30 p.m. on the **Monday** of the week prior to the meeting. Meetings are open to the Public.



# September 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
6	7 LABOR DAY	8 FCSS Meeting -6PM Senior's concert in the Community Park 2-4 p.m. FIRST DAY OF SCHOOL	9 Making sense of Anxiety 2-4p.m. Warburg Youth Leaders 7:30 - Cultural Centre Ag Society Meeting 7pm	10 Discover Your Senses 2-3 p.m. Community Park Navigating Motherhood 1:30-2:30	11	12
13	Council Meeting 7p.m. Getting to know Grief 6-7:30	15	Making sense of Anxiety 2-4p.m.	Discover Your Senses 2-3 p.m. Community Park Navigating Motherhood 1:30-2:30	Egg Drop in Arena Parking lot 1p.m.  Netflix Youth Party 7pm	19
20	Getting to know Grief 6-7:30	22	Making sense of Anxiety 2-4p.m.	Discover Your Senses 2-3 p.m. Community Park Navigating Motherhood 1:30-2:30	25 Netflix Youth Party 7pm	26
27	Getting to know Grief 6-7:30 Council Policy Meeting 7 p.m.	29	Making sense of Anxiety 2-4p.m.  Tax sale - Public Auction 2p.m.			12