WARBURG FCSS & RECREATION

HARR

OCTOBER 2020







Understanding & Healing the Roots of Anxiety

a supportive online environment for adults

Join us for this free support group where we will:

- explore the roots of anxiety
- · discover how alarm relates to all the other emotions
- understand how anxiety relates to relationships
- Gain practical strategies
- Build an online community of individuals experiencing similar challenges, and
 emerge with a clearer direction for moving forward

This five week online group will meet for weekly 1.5 hour sessions starting Monday November 16th at 6 pm. This is a registered group that will be held virtually (online) through a secure video meeting platform. Participation requires internet access by computer, laptop or smartphone.

In partnership with <u>Karunia</u> Counselling, sessions will be facilitated by a Registered Provisional Psychologist and a Registered Social Worker. For more information or to register contact Eugena at 780-955-6421.

Dates: Mondays, Nov 16-Dec 14, 2020 Time: 6 p.m. – 7:30 p.m. Location: online Registration Opens: August 17, 2020



Family and Community Support Services phone: 780-979-2385

leduc-county.com

X For more information, call 780-955-6421 or email <u>eugena@leduc-county.com.</u>

Leduc County | New Sarepta | Town of Calmar | Town of Thorsby | Village of Warburg



Family and Community Support Services phone: 780-979-2385 leduc-county.com

Breaking Loneliness

Online Documentary Film Screening

"Breaking Loneliness" is a documentary by filmmaker Brandy Yanchyk about people finding ways to escape loneliness and social isolation. Loneliness is a social epidemic that is impacting all age groups around the world. Although most of us are connected on social media, we have never felt more alone. Many of us find ourselves isolated from our communities and feeling lonely. In this documentary we follow four people: John Chief Moon, Jace Laing-Schroeder, Tom Greyson and Julie Kraychy — all who have worked to overcome their own loneliness and social isolation and are now helping others to battle theirs. Join us for a free online screening of the film, a short presentation and Q & A with the filmmaker.

This is a registered session that will be held virtually (online) through a secure video meeting platform. Participation requires internet access by computer, laptop or smartphone. This program is open to residents of Calmar, Thorsby, Warburg, New Sarepta and rural Leduc County.

> Date: Thursday, October 15 Time: 1:30 – 3:30 p.m. Location: online

To register for this program or for more information, call 780-955-6421 or email eugena@leduc-county.com.





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Teens & Tweens 101 Parent Education Workshop

Many parents witness their child changing and long for times when parenting was simpler. Teens and tweens today live in a world with many pressures. Parents are overwhelmed and intimidated with helping their youth navigate the tumultuous waters of media, sexuality and peer pressure. At this parent education workshop, learn about what your adolescent needs as they cross the bridge from childhood to adulthood.

This is a registered session that will be held virtually (online) through a secure video meeting platform. Participation requires internet access by computer, laptop or smartphone. Are you a two-parent family? We encourage both parents to attend the sessions if possible.

Date: October 8, 2020 Time: 1:30 - 3:30 p.m. Location: online



To register for this program or for more information, call 780-955-6421 or email eugena@leduc-county.com



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Family and Community Support Services phone: 780-979-2385 leduc-county.com

Alpha Children Parent Education Workshop

Alpha children are often described as bossy, prescriptive and controlling, demanding, competitive and can be labelled as a bully. Alpha children are not only more challenging to parent, but also predisposed to a number of problems including anxiety, aggression, oppositionality and eating problems. The root of the problem - the alpha dynamic - is one of the least known and yet most impactful factors in a relationship. While the focus of the workshop is on children, the revelations and challenges are for us as adults.

This is a four week registered workshop that will be held virtually (online) through a secure video meeting platform. It includes four online sessions of video material along with interactive workshop activities and will be facilitated by a social worker. Participation requires internet access by computer, laptop or smartphone. If you are a two-parent family, we encourage both parents to attend the sessions if possible.

Dates: Wednesdays, Nov 18 – Dec 9, 2020 Time: 2 p.m. to 4 p.m. Location: online



To register for this program or for more information, call 780-955-6421 or email eugena@leduc-county.com.

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Family and Community Support Services phone: 780-979-2385 leduc-county.com

Co-Parenting for Success

This 2h online workshop is designed to provide new skills and insights for people who are co-parenting with an ex-partner. Join us to learn ways to help buffer your child from the stressful impacts of separation or divorce.

This is a registered group that will be held virtually (online) through a secure video meeting platform. Participation requires internet access by computer, laptop or smartphone. This program is open to residents of Calmar, Thorsby, Warburg, New Sarepta and rural Leduc County.

*Please note: This workshop is designed to be attended by only one parent at a time from each family

Date: October 27, 2020 Time: 6 - 8 p.m. Location: online



To register for this program or for more information, call 780-955-6421 or email <u>eugena@leduc-county.com</u>



Leduc County | New Sarepta | Town of Calmar | Town of Thorsby | Village of Warburg



Family and Community Support Services phone: 780-979-2385 leduc-county.com

Caregiver Support Group

Telephone Monthly Meetings

Do you identify as a caregiver to an aging or elderly family member, friend, or spouse? This group offers a safe and confidential environment where people in a caregiver role can meet to mutually support one another by sharing their thoughts, experiences, concerns, questions, and ideas in a non-judgmental atmosphere. Guest speakers are brought in as possible. Open to anyone who identifies as a caregiver to an older adult or senior; no referral necessary. New members are always welcome.



Dates: Tuesday, September 15; Tuesday, October 20; Tuesday, November 17; Tuesday, December 15 Time: 1 p.m. to 2:30 p.m. Location: Over the Phone Registration: OPEN

Sessions take place on the third Tuesday of every month. To register for one session (or all sessions through December), call 780-955-4554 or email cara@leduc-county.com.







Family and Community Support Services phone: 780-979-2385 leduc-county.com

Getting to Know Your Grief

a supportive online environment for understanding and experiencing loss

Join us for a free online grief support group where you will learn about the nature of the grief process, emotion and healing. Build an online community of individuals experiencing similar challenges, gain practical strategies for navigating and emerge with a clearer direction for moving forward. This will be a safe space to support one another by honouring our emotions and sharing our stories. This 8 session online group will meet weekly for 1.5 hours starting Monday September 14th at 6 pm.

This is a registered group that will be held virtually (online) through a secure video meeting platform. Participation requires internet access by computer, laptop or smartphone. In partnership with Karunia Counselling, sessions will be facilitated by a Registered Provisional Psychologist and a Registered Social Worker. For more information or to register contact Eugena at 780-955-6421.

Date: Mondays, Sept 14 - Nov 9 (no group on Thanksgiving Monday) Time: 6 p.m. to 7:30 p.m. Location: online

To register for this program or for more information, call 780-955-6421 or email eugena@leduc-county.com.



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Family Resource Network leduc-county.com

NAVIGATING MOTHERHOOD

Online

Are you expecting or have just had a baby? If you are having feelings of depression, anxiety or being overwhelmed, **you are not alone**. Join us as we share information, experiences and coping strategies focused on the symptoms of postpartum depression and anxiety, while connecting with other moms having similar challenges.

Date: Thursdays, September 10, 17, 24, October 1, 8 and 15 Time: 1:30 p.m. to 2:30 p.m. Location: Online via Microsoft Teams A link will be sent out to participants upon registration Registration starts: On-going

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Leduc County | City of Beaumont | Town of Calmar | Town of Devon | Town of Thorsby | Village of Warburg



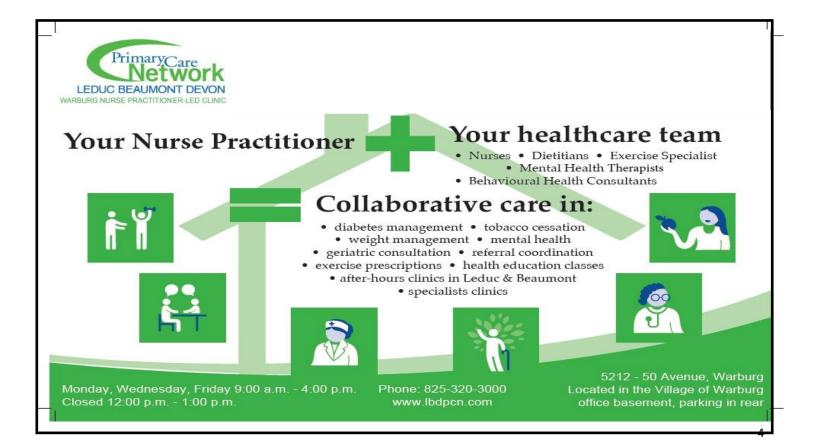
FROM THE WARBURG SENIORS CENTRE...

We are back in business!!! Here are some dates to mark down in your calender:

ANNUAL AGM - OCTOBER 7, 10:00 A.M.

We will be holding election of executive at this meeting; all current members should be in attendance. New members are more than welcome to attend!

- QUILTING Starting up Tuesday, October 13 at 10:00 a.m.
- CABPS Starting Wednesday, October 14 from 1-3 p.m.
 - bring your own snacks and water, coffee will be provided!



WHAT TO DO IN THE VILLAGE...



FALL CRAFT AT THE VILLAGE

OCTOBER ITH, IP.M. LOCATION: VILLAGE BASEMENT

COST: \$10.00 INCLUDED: ALL SUPPLIES, SNACKS AND A COMPLI-MENTARY GLASS OF WINE

Come join us for an evening of crafting, chatting and creating! Each of you will go home with a beautiful fall centerpiece, created by you, just in time for Thanksgiving weekend! Due to the social distancing restrictions, space is limited.

PREREGISTRATION AND PREPAYMENT is required to hold your spot. Please come down to the Village Office to book your spot!

All social distancing rules will be observed and band sanitizer will be provided. Please bring your own water bottles.

*** Supplies will differ slightly from image ***



FALL PD CRAFT FOR THE KIDS! TUESDAY, OCT 13

1:30-3:30 P.M.

LOCATION: Village Basement

Cost: \$2.00

Please join us in showcasing your child's creativity and sense of wonder at these Fall Tree Luminaries!

Please preregister at the Village Office as space is limited. All AHS Covid-19 protocols will be followed. This is a paper mache project, so please have your child dress accordingly

FALL TREE LUMINARIES Mason Jar Craft for Kids



This is an intermunicipal board which acts independently and makes decisions on subdivision & development appeals.

A representative is required for the Village of Warburg to sit on the Subdivision & Development Appeal Board for a three (3) year term ending December 31, 2023.

The person appointed by Council will serve as a public member on the Board along with three other public members and one Council member (as required).

Successful completion of training is required in accordance with the Municipal Government Act.

Mileage reimbursement and an honorarium are provided.

Please submit your letter of interest, by October 23, 2020 to:

Box 29

Christine Pankewitz, Municipal Administrator,

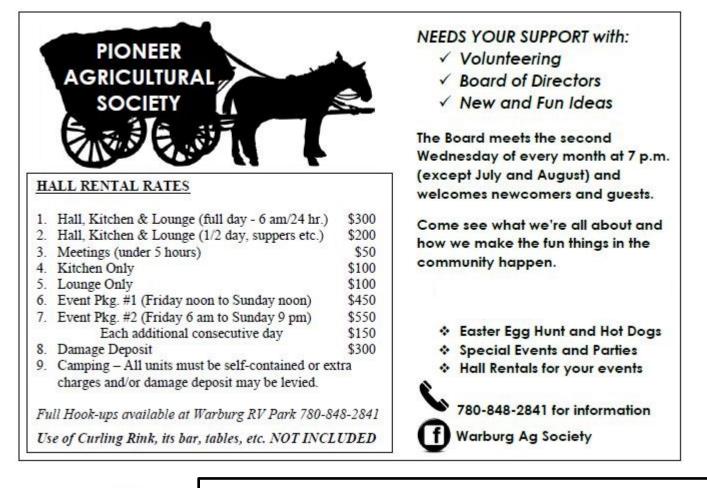
Village of Warburg,

THANK YOU

Bloomin' Buddies

Your hard work & efforts have paid off immensely with the gorgeous display of flowers in the Village

Thank you also to the summer students for keeping them watered and looking healthy & vibrant



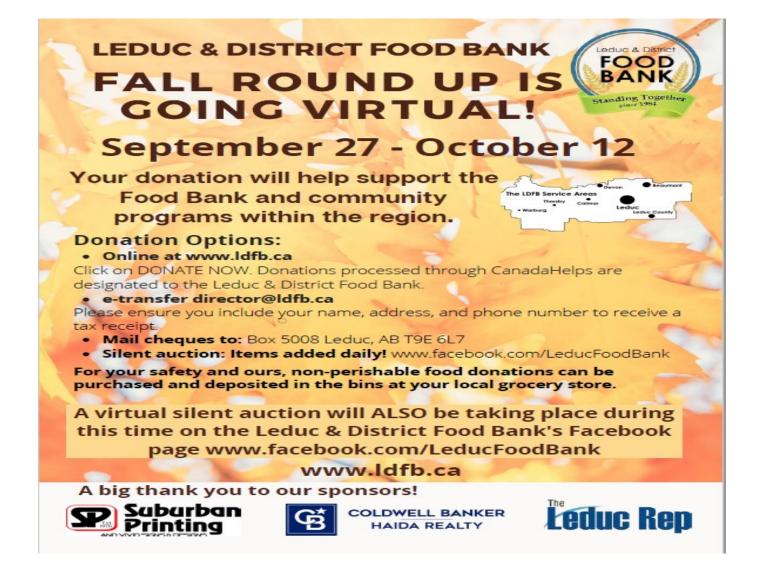


Looking for a way to get more involved in the community? Have a voice regarding social programming, events and services? Then the FCSS Board is right for you! We currently have a position on our board available! Meetings are once a month, and additional commitments are completely at your own discretion. Come volunteer for this role and help us support our local community members!

FROM THE WARBURG PUBLIC LIBRARY

Please note that our Library is open to the public! The library will be a bit different, due to the safety measures being taken to keep all of our patrons safe. Our hours will consist of 10am-1pm being put aside for vulnerable population (seniors, mobility restricted, immune comprised), 1pm-5:30pm open to the general public and no hours on Saturdays. Only 3 of our computers will be available, not for use of gaming. We will also only be allowing 13 patrons at a time to enter the building. Thank you for your cooperation in these uncertain times, we are excited to see all of you again.

Free disposable, non-medical face masks available to the public at the Library and Village Office, 1 Package of 6 per person







A special thank you to EDKRA for their open invitation to all of our council and community members to to their annual wind-up races and AMAZING fireworks display! A ton of fun was had by all who attended and we look forward to supporting each other in the future! We'll see you next season, Go-Karters!!!!





FIRE SMART & THE VILLAGE OF WARBURG PRESENTS

WIDFIRE COMMUNITY PREPAREDNESS DAY

October 2, 2020 3-6 PM at the George Broadbent Park Join us for hot dogs, games, fire safety and community beautification.





WEDNESDAY, OCTOBER 21ST WARBURG COMMUNITY HALL 5335 50A AVENUE HALLOWEEN FUN! 1:00 PM TO 3:00 PM 6:00 PM TO 3:00 PM ALL PARTICIPANTS ARE TO BE ACCOMPANIED BY A PARENT/CAREGIVER REGISTRATION IS REQUIRED call 780.979.2385 or email frn@leduc-county.com **PUMPKIN CARVING! GLOW STICKS! CRAFTS! LOOT BAGS! AND SO MUCH MORE!**

THIS PROGRAM IS IN PARTNERSHIP WITH





International Day of Older Persons Declaration October 1, 2020 Pandemics: Do They Change How We Address Age & Ageing?



DECLARATION

WHEREAS the Village of Warburg recognizes and values the experience, contributions, and wisdom of seniors; and

WHEREAS the declaration of International Day of Older Persons would give us the opportunity to build greater awareness, understanding and appreciation of seniors; and

WHEREAS an International Day of Older Persons will stand as an important annual occasion to celebrate the strength and community connections of seniors in our province.

THEREFORE, I, KEVIN MAINE DO HEREBY DECLARE OCTOBER 1, 2020 AS INTERNATIONAL DAY OF OLDER PERSONS IN THE VILLAGE OF WARBURG

Mayor Kevin Maine

Mayor Kevin Maine Village of Warburg 8/10/20



(do)

PUBLIC HEARING

The Village of Warburg will be hosting a Public Hearing October 13, 2020, at 7:00 p.m. at the Village of Warburg Municipal Basement Meeting Room (5212-50 Avenue) in regard to Bylaw 171/20: the Land Use Bylaw; Schedule A Section 42.3 Home Businesses.

In particular:

The amendment of Section 42.3.1 from "and shall employ no non-resident, on site employees" to "and shall employ no more than 2 non-resident employees".

Any written submissions that are mailed, emailed, faxed, or delivered to the Village of Warburg by 12 p.m. on Monday October 5, 2020 will be included in the Council Agenda. Individuals wishing to make oral submissions at the public hearing are requested to register by the deadline indicated above.

Further information is available at the Village Office.

Village of Warburg Attention: Christine Pankewitz Development Officer Box 29, 5212-50 Avenue Warburg, Alberta TOC 2TO Phone: 780-848-2841 Fax: 780-848-2296 Email: village@warburg.ca



Family Resource Network leduc-county.com Leduc County Family Resource Network

PARENT-CHILD MOTHER GOOSE PROGRAM

Warburg

Connect with your child using rhymes, songs, and stories and gain skills and confidence in this program geared towards babies and young children. Children will benefit from enjoyable, healthy early experiences with language and communication and it will be a fun, bonding experience for you and your child!

Date: Fridays October 16 - November 20 NOTE - no program on November 13th Time: 10:30 a.m. to 11:30 a.m. Location: Warburg Community Hall 5335 50A Avenue Registration starts: Monday, September 28

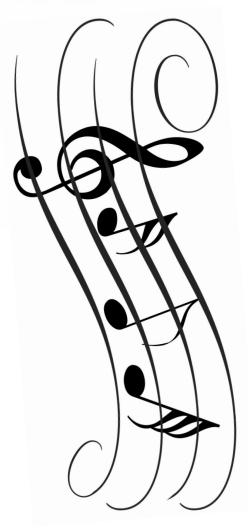


To register for this program or for more information, call 780-979-2385 or email frn@leduc-county.com.





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Council Notes

<u>Council Notes:</u> Complete Minutes are available on our Website once approved at the next month's council meeting.

September 14, 2020 Minutes

Leduc County Community Services

Dean Ohnysty, Sara Russell & Carol Tabone made a presentation to Council from Leduc County Family & Community Services.

Leduc & District Food Bank

The Village of Warburg will contribute \$1,000.00 to the Leduc & District Food Bank for the 2021 budget year.

International Day of Older Persons

Council declared October 1, 2020 as International Day of Older Persons in the Village of Warburg.

Community Standards Bylaw #159/18—Section 211

Section 211 of the Community Standards Bylaw #159/18 will be amended to allow for two (2) recreational Vehicles and that the bylaw include the addition of Section 211. 3. Owner must reside in residence of same property.

Major Home Business Inclusion

Section 42.3.1 of the Land Use Bylaw will be amended to read "The home business shall be operated by the permanent resident(s) of the principal dwelling, and shall employ no more than 2 non-resident employees"

Retirement Open House for Nancy Laing-September 30, 2020

A retirement video will be prepared for Ms. Laing and any member of Council or administration may attend.

LRHF Municipal conversation—October 7, 2020

Administration will prepare a brief presentation on what Leduc Region Municipalities are planning, both immediate and long term, for non-market and market affordable housing in their communities. Any member of Council and the Municipal Administrator are authorized to attend the LRHF Municipal Conversation.

Policy #93/20—Directional/Advertising Signage for Businesses

Council approved Policy #93/20 as amended.

Policy #95/20—Business Signs at the Spray Park and RV Park

Council approved Policy #95/20 as amended.

Seniors Van

Council approved the purchase of the ARBOC Spirit of Freedom Low Floor 16+2 seat van from Crestline in the amount of \$149,821 in partnership with Leduc Foundation (Cloverleaf Manor Residents Club) with the Village's amount being approximately \$45,000.

Hydrant at 47th Street and 55th Avenue

The Village of Warburg will install a fire hydrant on 47th Street located on the North side of 55th Avenue.

Warburg Fire District Community

Mayor Maine, Councillor Swartz and Councillor Laing will be appointed to the Warburg and District Fire Services cost share agreement committee.



Council Notes

September 14, 2020 Minutes (continued)

EDKRA Year End Event

The Village of warburg approved EDKRA's request to extend their curfew in order to run a night race on September 19th with fireworks to follow and that any Member of Council or administration wishing to attend the luncheon be authorized to do so.

Sidewalk/Apron Replacement @ 5008-50th Avenue

It was approved to complete the full apron replacement from back of walk to curb in the amount of \$20,330.40.

Waste Collection Service Agreement

The Waste Collection Service Agreement Renewal with GFL Environmental Inc. was approved for a five-year term until September 30, 2025.

Council Meetings

Upcoming Regular meeting of Council will be held on Tuesday, October 13th & the Organizational Meeting on Monday, October 26th, 2020 @ 7:00 pm. Please note: All documents and notice of delegation intended to be submitted to the Council must be received by the CAO no later than 4:30 p.m. on the **Monday** of the week prior to the meeting. Meetings are open to the Public.





October 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 National Day of Elders Discover your senses 2-3 pm.	2 Wildfire Community Awareness event 3-6.p.m.	3
4	5	6	7 Senior's Centre AGM 10 a.m. Village Fall Craft 7p.m.	8 Navigating Motherhood 1:30-2:30	9	10
11	12 THANKSGIVING DAY	13 Public Hearing 7pm Council Meeting 8 p.m. P.D. Day Craft 1:30-3:00 p.m. Quilting 10-2	14 Ag Society Meeting 7pm Senior's Cards 1-3 p.m.	15 Navigating Motherhood 1:30-2:30 Floor Curling 1-4 p.m.	16 Mother Goose 10:30-11:30	17
18	19	20 Quilting 10-2	21 Family Resource Network Halloween Event Senior's Cards 1-3	22 Navigating Motherhood 1:30-2:30 Floor Curling 1-4 p.m.	23 Mother Goose 10:30-11:30	24
25	26 Organizational Meeting, Council 7pm	27 Quilting 10-2	28 Seniors Cards 1-3	29 Floor Curling 1-4 p.m.	30 Mother Goose 10:30-11:30	31 HALLOWEEN