



#### Thankyou on behalf of the Legion

Betty Paukstat
Karen Babcock
Warburg Agencies
Apollo Concrete
Barb & Carl Meilnik
Warburg Village Market
3D Line Locating
Two B's Flowers & Bistro
Bancarz Accounting
BLG Builders
Martin Deerline
Warburg Seed Cleaning Plant
Warburg Drugstore

Thankyou on behalf of the Legion for the continuous local support these individuals have provided to

us this year to keep us running. Please help us return the generosity and "shop local"

#### **Seniors Grant Program**

Apply for funding for community-based projects

The seniors grant program for community-based projects supports programs and events that are designed by seniors for seniors! This program funds projects that empower seniors to connect, engage and contribute to their communities, thereby improving their health and well-being. For the purpose of this grant a "senior" will refer to any person of, or over the age of 55.

Eligible organizations or groups can apply for grant funding\* for projects that are led by, or for seniors and are volunteer-based. Consideration will be given to those groups that are not solely senior led, with the condition that the planning process collects seniors' feedback from the community. *Programs and services must be provided to seniors within Leduc County.* 



\*Leduc County suggests a funding request of approximately \$2,000.

Applications will be available from Jan. 2 to 31, 2023.

Learn more at www.leduc-county.com/grants

# Christmas Elves 2022

Here's to another successful wrap of our annual Christmas Elves campaign! This has been a tough year and we all have felt the pinch with the increase in cost of living, but we still manage to come together to help when it is needed! We were able to collect, create and hand out 24 hampers to individuals and families in need of some Holiday Cheer! None of these amazing gifts could have been possible without the support of the following individuals and businesses:

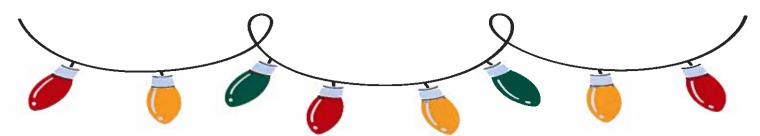
3D Line Locating, Capital Power, Sinopec, Sarvas Construction, Telfordville Pastoral Charge, Peter Schaffer, Leduc and District Food Bank, Leduc Canadian Tire, Warburg Village Market, Westmoreland Mine LLC (Genesee), Pair-A-Dice Trikes Bike Rally.

A very special thanks to the volunteers who braved the cold (-40) and snow to come sort, pack, and deliver!

To the entire school community for participating in our Points Drive, you guys did AMAZING! Congratulations to our Grade 1 class who won the contest! They are a fresh generation eager to help and support our amazing community!

And to all those who donated through the Fireman's Drive, and/or placed donations in bins, boxes and the like, we thank you from the bottom of our hearts!





#### **Christmas Elves Shout Out!**

A special thank you to all those who contributed/sponsored the Warburg Christmas Elves Program this year!

#### Capital Power Sinopec

Sarvas Construction Telfordville Pastoral Charge 3D-Line Locating Peter Schaffer

Pair-A-Dice Trikes Motorbike Rally Westmoreland Mine LLC (Genesee Mine) Warburg Fireman's Food Bank Drive Our lovely Elf Volunteers!! Everyone who contributed!



#### **New Canada Dental Benefit**

#### Canada Dental Benefit

The interim Canada Dental Benefit is intended to help lower dental costs for eligible families earning less than \$90,000 per year. Parents and guardians can apply if the child receiving dental care is under 12 years old and does not have access to a private dental insurance plan.

Depending on your adjusted family net income, a tax-free payment of \$260, \$390, or \$650 is available for each eligible child. This interim dental benefit is only available for 2 periods. You can get a maximum of 2 payments for each eligible child. Benefit payments are administered by the Canada Revenue Agency (CRA).

The first benefit period is for children under 12 years old as of December 1, 2022 who receive dental care between October 1, 2022 and June 30, 2023.

Canada Dental Benefit - Canada.ca

If you need any assistance please reach out to Shauna @ FCSS 780-848-2828

# Are you a renter?

One-time top-up to the Canada Housing Benefit
The one-time top-up to the Canada Housing Benefit
aims to help low-income renters with the cost of renting.
You may be eligible for a tax-free one-time payment of
\$500 if your income and the amount that you pay on
rent qualify.

The Canada Revenue Agency (CRA) administers this one-time payment. To apply for this new federal one-time payment, you do not need to receive other housing benefits such as the Canada Housing Benefit, which is co-funded and delivered by the provinces and territories.

Applications are open until Friday, March 31, 2023. How to apply - One-time top-up to the Canada Housing Benefit - Canada.ca

Call Shauna at FCSS if you are needing assistance 780-848-2828



### Emergency Preparedness (E-Prep) for Older Adults When individuals are prepared, communities are prepared!





Emergencies happen. Let us help you take control! Join Leduc County and Alberta Health Services for a step-by-step empowering workshop that is interactive, educational and fun!

During this 2.5 hour workshop, you will develop your own personal emergency preparedness plan. Following the guidance of trained facilitators, we will focus on the importance of emotional and practical preparedness from an all-hazards approach. Door prizes and snacks included! Registration closes January 4; spaces are limited!



#### Two sessions: one in west Leduc County and one in east Leduc County

#### **Leduc County west**

X Date:Tuesday, Jan. 17 X Time: 9:30 a.m. to noon

X Location: Warburg Community Hall

X Register: contact Carla at 780-955-4554 or

carla@leduc-county.com

or online at www.leduc-county.com/e-prep

X Spaces available: minimum of 6 registrants; maximum of 20

#### **Leduc County east**

X Date: Thursday, Jan. 19 X Time: 1:30 to 4 p.m.

X Location: New Sarepta Seniors Centre

X Register: contact Carla at 780-955-4554 or

carla@leduc-county.com or online at

www.leduc-county.com/e-prep

X Spaces available: minimum of 6 registrants;

maximum of 20









## Please Welcome!



### MOON SAGE

### SALON

Please welcome Lindsay Geni, born and raised in Warburg. She will be opening her Salon on January 6th, 2023. Lindsay has been doing hair for 12 years and wanted to bring her specialities back to her community. Welcome Lindsay we are so excited to see your business start up here!

#### SALON HOURS:

Tuesday II- 8p.m.

Wed/Thur/Fri 9-5 p.m.

Saiurday 9-3 p.m.

Offering a variety of hair services including extensions, and reiki energy treatments.

1-780-975-2434 4904 50 Ave Insiagram: @moonsage\_salon





#### https://albertafindadoctor.ca/workshops/home **Alberta Wide Workshops**

Just a few examples of workshops available

- A Slice of Anxiety to Calm
- A Slice of Happiness Basics
- A Slice of Health Basics
- AHS Alberta Healthy Living Program
- A Slice of Relationships in Motion
- A Slice of Journeying Through Grief
- Health Education Classes
- Smoking Cessation
- Leduc Eldercare Consultation Team
- Team-Based Care Program











#### **Blue Monday ONLINE LIVE VARIETY SHOW!**

Blue Monday is known as the most depress-will honour the melancholy and welcome the ing day of the year. It's dark, it's cold and the new year with some optimism and anticipacredit card bills from holiday spending are tion. We'd love to hear your tale or reading arriving. Join artists, poets and storytellers for the open mic segment, but there is no for an ode to both the struggle and the hope obligation to actively participate. You're more that we need in our darkest hours. Through than welcome to sit back, relax and enjoy powerful and inspiring performances, we the variety show from the comfort of home!

- X Date: Jan. 16, 2023
- X Time: 6:30 to 8:30 p.m. with open mic to follow
- X Spaces available: minimum of 10 registrants, maximum of 100
- X Technology needed: internet access by computer, laptop, tablet or smartphone X Register: online at www.leduc-county.com/Blue-Monday or contact Kristin at 780-955-6421 or kristin@leduc-county.com.

#### **FEATURING**









Erin Dingle Kristopher Marks Ky Perraun

Susan Sneath

# How to Access Alberta Supports Services

Alberta Supports Services Apply easily for supports

Alberta Supports helps:

- Seniors
- People with disabilities
- Job seekers
- Parents
- Families

More than 30 programs and 120 services support Albertans needing help with:

- Income supports
- Seniors supports
- Childcare supports
- Disability supports
- Emergency supports
- Employment and training

Call the Alberta Supports Contact

Centre at 1-877-644-9992

Apply online at alberta.ca/alberta-supports.aspx

#### Alberta Supports Centres

Alberta Supports Centres are reopening to in-person services on April 4, 2022. Find contact information for local Alberta Supports Centres and AISH offices at: alberta.ca/alberta-supports.aspx and https://www.alberta.ca/contact-aish.aspx.

It's easier than ever to apply for Income Support and AISH programs online and by phone:

Apply for AISH online:

alberta.ca/aish-how-to-apply.aspx

Apply for Income Support online:

alberta.ca/income-support-how-to-apply.aspx

Apply for Income Support by phone:

1-877-644-9992

Submit documentation and verification to support applications by:



Email



Text



Fax



Drop-off boxes (some locations)

The Income Support Contact Centre provides emergency benefits to eligible Albertans including assistance with food, medication, temporary shelter or basic emergency dental.

Call the Income Support Contact Centre 24 hours per day, seven days per week: 1-866-644-5135

alberta.ca/alberta-supports.aspx

Government of Alberta | Published: March 14, 2022

Classification: Public





#### **Financial Empowerment Program**

Leduc County Family and Community Support Service's (FCSS) Financial Empowerment Program allows you to explore how you can pay your bills, manage your debt, afford basic necessities and get ahead.

The program is **free and confidential**. Trained staff are here to listen and learn about what is important to you, offer you options and provide information based on your needs and interests. You take the lead and set the pace. Your knowledge and living experience is unique to you.

#### One-to-one \* sessions are available to help you:

- Get ready for income tax filing and file your taxes for free\*\* OR teach you how to file your own taxes.
- Learn about the subsidies, grants, benefits and supports that may be available to you.
- ldentify the financial challenges that are holding you back,
- Create action plans to meet your goals.
- ▶ Access the right support and services with helpful referrals to community agencies that provide specialized financial information and support.
- ▶ Increase your basic money management skills so that you can reduce debt, grow savings, build assets and make informed financial decisions.

In addition to one-to-one support, we also offer information sessions and workshops on a variety of financial literacy topics. Check out our recorded sessions and upcoming events at leduc-county.com/community-family.

Leduc County is one of a select group of Canadian municipalities to partner with Prosper Canada on the Prosperity Gateways-Cities for Financial Empowerment project to improve the financial well-being of residents living on low income, Financial help includes education, coaching/counselling, free tax clinics and help accessing income benefits.

If you're interested in the Financial Empowerment Program, contact Leduc County FCSS at 780-979-2385 or fcssin-fo@leduc-county.com.

- \*One-to-one sessions are available to residents of Leduc County, Calmar, Thorsby and Warburg.
- \* \* The volunteer income tax program is available to low income residents with simple income tax situations. It does not complete returns for people who are deceased, bankrupt, or have business, farming or rental income.

#### Warburg Hockey & Skating Arena Club

Mondays—Shinny

3:45-5:15pm

Wednesdays—Family Skate 3:45-5:15

Fridays—Mom and Tot's 10am-12pm

\*For ice rentals, contact Rob at 587-879-5223

The Warburg Arena is now a "Livebarn" Venue! If you cannot make it to the rink, you can still stay connected by watching all events
LiveOnDemand.

For more information, visit



#### **Warburg Museum**

Pie & Beverage on Saturday January 7th at 1pm. Everyone welcome.

Anyone wanting to tour the museum, contact Susie at 780-848-2507 or Joan 780-621-7174

#### **Seniors Centre News**

CARDS @ 1 PM WEDNESDAY JANUARY 4,11,18 AND 25TH

JANUARY 18TH <u>SOUP & SANDWICH</u> (\$10.00) SENIORS CLUB MEETING

TAI CHI CLASSES EVERY WEDNESDAY JANUARY 4,11,18 AND 25TH (10-11AM \$2.00)

 $\underline{\mathbf{OUILTING}}\,\mathbf{STARTING}\,\mathbf{JAN}\,\mathbf{9TH}\,,$ 

(TUES & THURS) 9:30—(\$2.00)



The Warburg Post Office would like to thank the community for their generous support of the Mitten Tree. We were able to collect 13 Toques, 21 pairs of Mittens, 12 pairs of socks, 13 Scarves and \$20.00 for the Leduc Hub. A special thankyou to Jen and Samantha Sawyer for delivering the donations!

# Warburg Hockey and Skating Arena Club is looking for board members!



It takes volunteers and members like YOU to keep YOUR arena open.



The Arena Board needs some new members to be on the executive board.

If you are interested please submit a letter of interest to: <a href="mailto:rwenzel67@gmail.com">rwenzel67@gmail.com</a> or via mail at Box 189, Warburg, AB TOC 2TO

# January 2023

SUN	MON	TUE	WED	THU	FRI	SAT
1 HAPPY NEW YEAR!	2	3	4 Tai Chi Seniors Centre 10 –11: (\$2.00) Seniors Cards 1 p.m.	5 Floor Curling 1 pm Warburg Hall	6 U-9 Hockey Tournament Warburg Arena	7 Warburg Museum Coffee &Pie 1p.m U-9 Hockey Tournament Warburg Arena
8 U-9 Hockey Tournament Warburg Arena	9 School Resumes Council Meeting	Quilting 9:30 Seniors Centre (\$2.)	Ag Soc. Meeting Tai Chi Seniors Centre 10 -11 (\$2.00)	Quilting 9:30 Seniors Centre (\$2.) Floor Curling 1 pm Warburg Hall	13	14 Sturling Bon- spiel Warburg Curl- ing Arena
15	16 Blue Monday Live show online 6:30-8:30 Open Mic	17E-prep for Older adult Workshop 9:30- 11:00 Warburg Com- munity Hall Registration needed Quilting 9:30	18 Seniors Soup & Sandwich 12:00 (\$10.00) @ Seniors Centre Tai Chi 10-11	Quilting 9:30 Seniors Centre (\$2.) Floor Curling 1 pm Warburg Hall	20	21
22	23 Council Meeting	Quilting 9:30 Seniors Centre (\$2.)	Z5 Tai Chi Seniors Centre 10 -11 (\$2.00) Seniors Cards 1 p.m.	Quilting 9:30 Seniors Centre (\$2.) Floor Curling 1 pm Warburg Hall	U-11 Hockey Tournament Warburg/ Thorsby	U-11 Hockey Tournament Warburg/ Thorsby
U-11 Hockey Tournament Warburg/ Thorsby	30 PD DAY No Class Stay tuned for FCSS Event	31 Quilting 9:30 Seniors Centre (\$2.)				