



October

2024

FCSS/RECREATION NEWSLETTER

16+

VOLLEYBALL



TUESDAY NIGHTS STARTING
OCTOBER 1 FROM 7PM-9PM
AT THE WARBURG HIGH SCHOOL GYM

\$2 DROP IN

REACH OUT TO FCSS@WARBURG.CA OR
780-848-2828 WITH ANY QUESTIONS

WARBURG/BRETON AQUASIZE



Looking for a fun and low-impact way to stay fit and healthy? Look no further than aqua gentle!

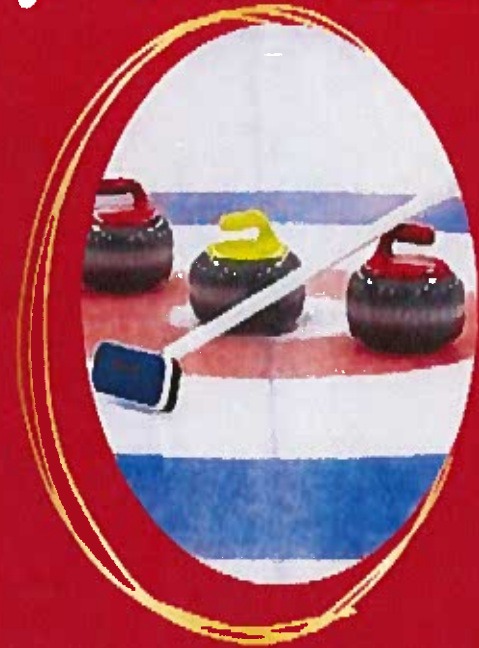
Mondays Starting October 21, 2024
Bus Punch Passes Available

Must have 8 participants to run. Stop in at the FCSS office in Warburg or Breton for full details

Join Now

Bus leaves Warburg Village Office @ 850am
Pick up in Breton @ 910am and head to Drayton Valley
Must preregister Thursday prior to trip in person or call 780-848-2828

WARBURG CURLING CLUB JUNIOR CURLING



Lil Rocks Ages 6-7

10 sessions

45 minutes

Nov 20, 2024-Feb 12, 2025

U12 Ages 8-12

14 sessions

15 hours

Oct 23, 2024 - Mar 5, 2025

U18 Ages 13-17

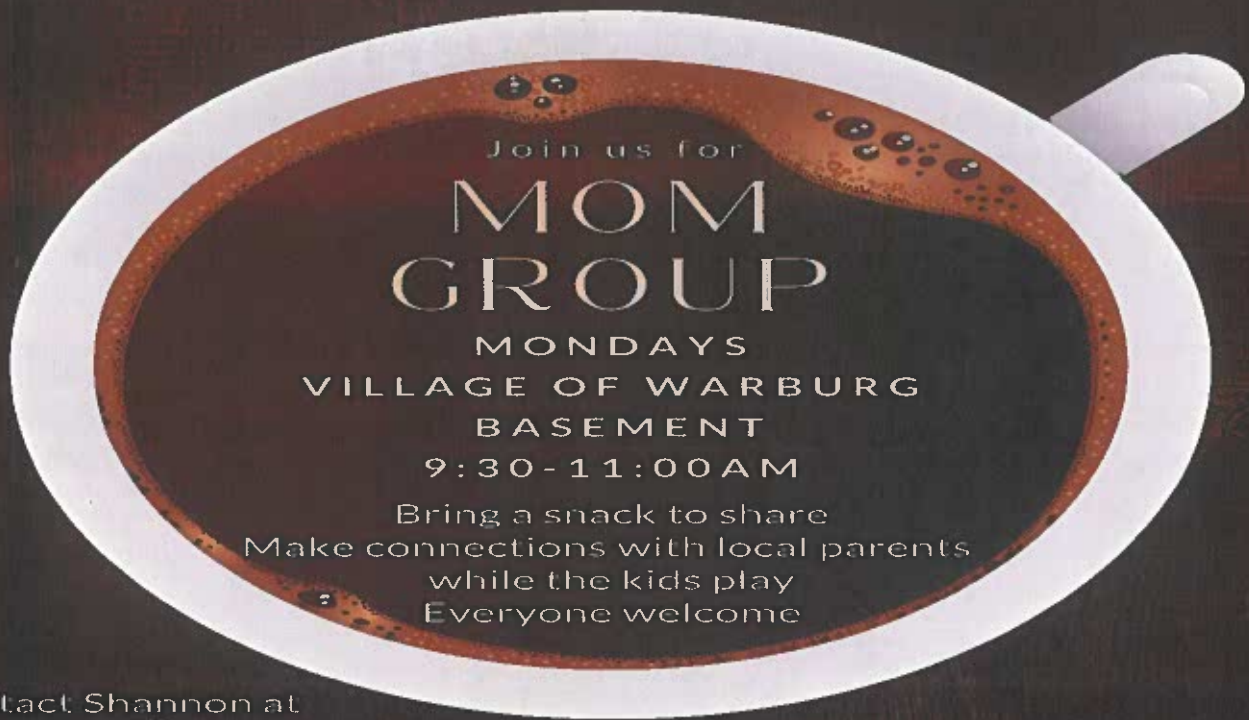
16 sessions

2 hours

Oct 23, 2024-Mar 5, 2025

Contact Megan Prins 780-271-0354

Michelle Gidosh 780-233-1196



Join us for
**MOM
GROUP**
MONDAYS
VILLAGE OF WARBURG
BASEMENT
9:30-11:00AM

Bring a snack to share
Make connections with local parents
while the kids play
Everyone welcome

Contact Shannon at
shansontag@gmail.com
for more info

Warburg LIBRARY

The Village of Warburg Library Board is looking for a Member Trustee, someone who is interested in promoting the Library, attending meetings every month on the 3rd Wednesday at 2:30 pm. Help develop and run programs for all ages, budgets, work in different board positions (chairperson, vice chair, secretary etc) plan of service (direct the library in which services work best for the Community of Warburg. An enthusiastic community minded person. Drop a letter off stating "You would like to join the Library Board" and drop it off at the Village Office for Christine Pankewitz.

Library Hours: Monday – Thursdays 10 am – 5 pm, (closed Friday - Sunday)
Services: Tracpac, hoopla digital, overdrive, 3 public computers, printing (there are charges for printing), Books (picture books, early readers, Junior Fiction and Non fiction, Young adult, Adult fiction and non fiction, Christian Fiction, Large Print, magazines. Games (indoor and outdoor, these can be borrowed with a valid tracpac card in good standing to patrons 18 plus) Toys and games to entertain the Kidlets, Programs for Preschool to adult, book club runs October to March, other programs as requested by the Public.



Family paint night



Looking for a fun way to spend time with the family?
Join our FRN team for some family fun! Come and get creative with us at our family paint night.

- ▶ **Date:** Monday, October 7, 2024
- ▶ **Time:** 5 to 7 p.m.
- ▶ **Location:** 5 Jasper Court, Devon FRN drop-in centre
- ▶ **Date:** Tuesday, October 15, 2024
- ▶ **Time:** 5 to 7 p.m.
- ▶ **Location:** 4908 48 Street, Thorsby FRN drop-in centre



Staying safe and savvy as we age



Imagine finding your bank account empty resulting from an online scam you had no idea occurred. Today, fraudsters are becoming more ruthless, scams are rapidly evolving and even the most vigilant are being targeted. Join consumer protection expert, Julie Matthews and information technology professional, Jason McHabb as they equip you with the knowledge and tools to outsmart scammers, protect your assets and safeguard your peace of mind.

This free event is for older adults and includes a free catered lunch, vendor fair and the release of the new Aging Well in Leduc County Workbook. Registration is required and space is limited.

- ▶ **Date:** Friday, October 18, 2024
- ▶ **Time:** 10 a.m. to 3 p.m.
- ▶ **Location:** Coast Nisku Inn (1101 4 Street, Nisku, AB.)
- ▶ **Register:** www.leduc-county.com/safe-and-savvy by Oct. 4
- ▶ **Contact:** Carla at carla@leduc-county.com or 780-955-4554



Life after the kids become adults



Are you an empty nester or the parent of a young adult?

Join this session to navigate the evolving dynamics as your children transition into adulthood, and gain strategies to successfully adjust to changes in your relationships and your own life as you embrace this new chapter.

Session will be facilitated by Kim Silverthorn, Tacit Knowledge.

- ▶ **Dates:** Tuesday, October 22, 2024
- ▶ **Time:** 6 to 7:30 p.m.
- ▶ **Location:** Zoom online
- ▶ **Spaces available:** maximum of 30
- ▶ **Register:** contact Kristin at 780-955-6421 or kristin@leduc-county.com or register online at www.leduc-county.com/life-after-kids

Creating change

Domestic violence awareness in the workplace



In recognition of Family Violence Prevention Month, we will explore the intersections of domestic violence within the workplace. Everyone welcome to join this free event to learn through two sessions:

Domestic violence and your workplace, presented by Alberta Council of Women's Shelters. Explore an overview of recognizing the signs of domestic violence and how it shows up at work, as well as how it relates to legislated requirements for employers to provide safe workplaces.

Masculinities and healthy relationships, presented by Centre for Sexuality. Explore how social norms about masculinity and gender roles can impact healthy relationships and safety, both personally and professionally.

Registration required by Oct. 23, 2024.

- ▶ **Date:** Friday, Nov. 1, 2024
- ▶ **Time:** 10 a.m. to 2:30 p.m. (lunch is included)
- ▶ **Location:** Rig Hand Distillery (50158 Range Road 244 A, Leduc County, AB.)
- ▶ **Register:** www.leduc-county.com/creating-change
- ▶ **Contact:** Kristin at kristin@leduc-county.com or 780-955-6421



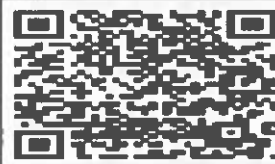
75 ways to save on household expenses



Looking for ways to cut household expenses? Register to learn tips to save on various household expenses including utilities, transportation, groceries, personal items and more! Participants will also be encouraged to share their best tips and tricks with each other.

Facilitated by Mark Kalinowski who works at the Credit Counselling Society and has taken courses on investing and insurance. Mark helps people solve money and finance issues.

- ▶ **Dates:** Wednesday, November 6, 2024
- ▶ **Time:** 1 to 2 p.m.
- ▶ **Location:** Zoom online
- ▶ **Spaces available:** minimum of 10 registrants
- ▶ **Register:** contact Lucille at **780-941-2382**, Denise at **dmagls@leducadultlearning.ca** or register online at **www.leduc-county.com/ways-to-save**



On-Demand Financial Education

Learn more and tailor your financial journey with the Learning Hub.

Scan the QR code.

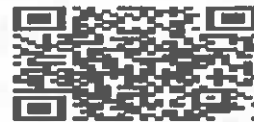


Surviving your teen



Do you feel like your teen is distancing themselves from you? Do you often find you and your teen in a battle of wills? Join us for an informative discussion on how caregivers can support teens as they navigate the path towards independence.

- ▶ **Date:** November 20, 2024
- ▶ **Time:** 6:30 to 8 p.m.
- ▶ **Location:** Family Resource Network module
4908 48 street, Thorsby
- ▶ **Registration:** scan the QR code or visit **www.leduc-county.com/surviving-your-teen.com**
Deadline to register: November 16



For more information, to ask questions or to receive help with registering, please call **780-979-2385** or email **frn@leduc-county.com** today.



Outdoor Play & Nature Connection Workshop



SATURDAY NOVEMBER 2ND, 2024
8:30 AM - 4:00 PM

PEMBINA
NORDIC CENTER

REGISTER TODAY!
\$162.65

This event qualifies for PD funding for all licensed childcare and preschool programs

Come play outside with us!
In this full day session you will participate in the following two sessions:

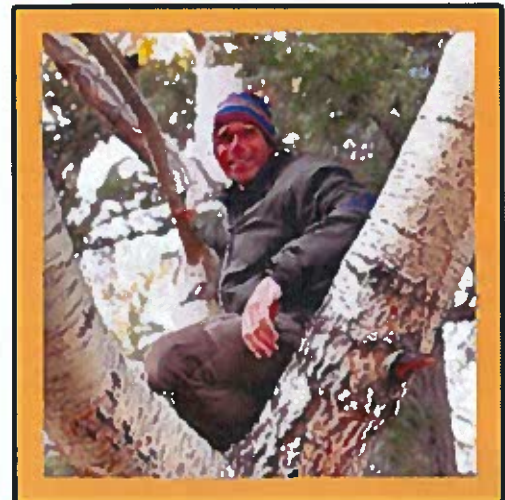
Outdoor Play with Christina Pickles



Everything is possible outside - children are more physically active, the natural world enters through all the senses, and community connections are made. In this workshop, we will explore the reasons for getting outdoors and our role as adults in these experiences. You will come away with inspiration and practical ideas to create engaging outdoor play spaces and experiences. Come ready to play outside, no matter the weather!

- **Review the key roles of adults in providing time, space, and materials for outdoor play**
- **Learn about loose parts and engage in loose parts experiences**
- **Build your repertoire of outdoor play experiences for children**
- **Build positive connections with the land and natural world and enjoy time outdoors**

Forest Play with Dave Verhulst



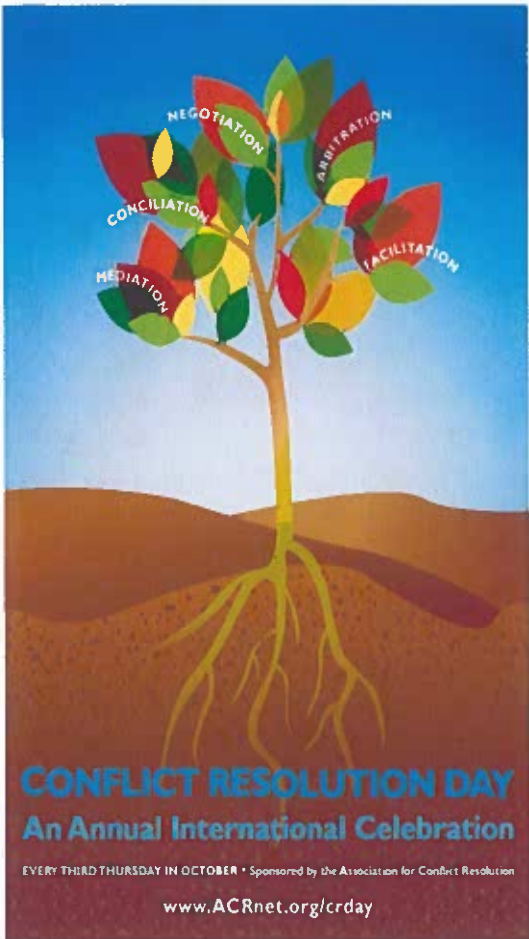
Rediscover your childlike passion for the world and join us for a fun session of exploring nature and building connections. Grounded in the rhythms of the natural world, Forest Play is a successful outdoor program in Canmore with programs for children age 2-14 years old. In this experiential session Dave will share some of the core elements of the program that help children connect to nature, self and others. In this workshop you will:

- **Rediscover a child-like passion for the natural world**
- **Experience what it is like to participate in a program based on the Coyote mentoring model**
- **Be introduced to the natural learning cycle and essential routines that ground and reconnect us with the natural world**
- **Understanding of how stories can be used to create powerful learning experiences**



SCAN QR CODES FOR MORE INFO ON OUR PRESENTERS





OCTOBER 17TH CONFLICT RESOLUTION DAY

How to Observe Conflict Resolution Day

1. Learn different types of resolution methods
2. Resolve a personal conflict
3. Mediate for someone

Conflicts arise in many areas of our lives such as workplaces, relationships and families. What is important is we take the time to resolve these conflicts in a healthy way.

SAVE THE DATE: NOVEMBER 05 FINANCIAL LITERACY MONTH WEBINAR ASK US ANYTHING: MONEY EDITION

Choose From 3 Sessions:
12:00 pm ET, 11:30 am MT
(12:30 CT), 12:00 pm PT
Registration Details to Follow





COMMUNITY FAVORITE

RECIPES

RAVIOLI SOUP

PREP TIME 20 MIN

COOK TIME 45 MIN

YIELD 10 SERVINGS (2-1/2 QUARTS)

INGREDIENTS

1 POUND GROUND BEEF 2 CUPS WATER 2 CANS (ONE 28 OUNCES, ONE 14-1/2 OUNCES) CRUSHED TOMATOES
1 CAN (6 OUNCES) TOMATO PASTE 1-1/2 CUPS CHOPPED ONIONS 1/4 CUP MINCED FRESH PARSLEY
2 GARLIC CLOVES, MINCED 3/4 TEASPOON DRIED BASIL 1/2 TEASPOON SUGAR
1/2 TEASPOON DRIED OREGANO 1/2 TEASPOON ONION SALT 1/2 TEASPOON SALT 1/4 TEASPOON PEPPER
1/4 TEASPOON DRIED THYME 1 PACKAGE (9 OUNCES) REFRIGERATED CHEESE RAVIOLI 1/4 CUP GRATED PARMESAN CHEESE
ADDITIONAL MINCED FRESH PARSLEY, OPTIONAL

DIRECTIONS

IN A DUTCH OVEN, COOK BEEF OVER MEDIUM HEAT UNTIL NO LONGER PINK, 5-7 MINUTES, BREAKING IT INTO CRUMBLES; DRAIN. ADD THE WATER, TOMATOES, TOMATO PASTE, ONIONS, PARSLEY, GARLIC, BASIL, SUGAR, OREGANO, ONION SALT, SALT, PEPPER AND THYME; BRING TO A BOIL. REDUCE HEAT; COVER AND SIMMER FOR 30 MINUTES. COOK RAVIOLI ACCORDING TO PACKAGE DIRECTIONS; DRAIN. ADD TO SOUP AND HEAT THROUGH. STIR IN THE PARMESAN CHEESE. SPRINKLE WITH ADDITIONAL PARSLEY IF DESIRED.

NUTRITION FACTS

1 CUP: 235 CALORIES, 86 FAT (46 SATURATED FAT), 42MG CHOLESTEROL, 542MG SODIUM,
256 CARBOHYDRATE (56 SUGARS, 46 FIBER), 176 PROTEIN.

Bring in your favorite comfort meal recipe for a chance to be featured to The Village of Warburg Office

THANK YOU!!

Thank you to all the chili contestants this year. to the community members who came out as well to the volunteers. Without the community we wouldnt be able to have these events. Looking forward to 2025 already.



Congrats to our 2024 Winner
Kris Sarvas



HOMESTEAD *thirty nine*

PRESENTS

THE HARD TIMES KITCHEN SERIES



GRANDMA SURVIVED THE GREAT DEPRESSION BECAUSE HER SUPPLY CHAIN WAS LOCAL AND SHE KNEW HOW TO DO STUFF

In our second season, Homestead Thirty Nine will be paying homage to the perseverant women of the Great Depression.

Out of necessity these women were experts at stretching out resources, wasting nothing and working with what they had. They connected with other local women to share, trade and thrift. These women were masters at making do with less and their knowledge was and IS power.

The Hard Times Kitchen Series:

October Stone Soup
November Heritage Preserves (Canning)
January Pioneer Pantry

Visit our website - www.homesteadthirtynine.com
for details and registration of our upcoming classes

Follow our Facebook/Instagram @homesteadthirtynine
Encouraging you all to bring a copy of your favorite recipe.



STONE SOUP

**\$20 A
TICKET**

WARBURG PIONEER REC CENTRE

OCTOBER 5, 2024

2PM-4PM

**ADMISSION AT DOOR
OR ONLINE**



What's Happening

Cards 1pm Every Wednesday (\$2) @ Seniors Centre

Tai Chi 10am-11am Every Wednesday (\$2) @ Pioneer Centre

Busy Brushes Every Wednesday 10am-2pm (\$5) @ Cultural Centre

Floor Curling Starting October 17th Every Thursday 1pm (\$2) @ Pioneer Centre

Quilting Starting October 15th Every Tuesday 9am-2pm (\$2) @ Senior Centre

“ Anyone is welcome to join ”



SOUP & SANDWICH

October 16, 2024



Senior Centre
12pm

\$10

SOUP & SANDWICHES
PROVIDED BY WARBURG
CLOVERLEAF MANOR

WANTED!

MEALS ON WHEELS

DRIVER



CONTACT WARBURG FCSS WITH ANY QUESTIONS

780-848-2828 OR

FCSS@WARBURG.CA





Floor Curling

Thursdays starting October 17, 2024

\$2

Warburg Pioneer Rec Center 1pm



QUILTING

**TUESDAYS STARTING OCTOBER 15, 2024
9AM-2PM \$2 @ WARBURG SENIOR CENTRE**



ARE YOU OUR NEXT

Team Member?

Warburg FCSS Advisory Board is looking for a new member. Do you enjoy volunteering within the community? This may just be for you. Please reach out to cao@village.ca with letter of intent.

Becoming Player X

A high school course where you learn from those who have been where you want to go!

OPEN TO KIDS GRADE 10-12

Check out the website for more information

<https://becomingplayerx.com>



Warburg

BAZAAR

Please join us for our annual
Christmas Bazaar

SATURDAY NOVEMBER 23, 2024

10AM-2PM

WARBURG PIONEER RECREATION CENTRE
(HALL)

If you have any questions or would like to be a vendor
please reach out to fcss@warburg.ca or 780-848-2828
for a vendor package



Warburg Christmas Elves 2024

IN THE MIDST OF ALL THE FESTIVITIES THAT CHRISTMAS BRINGS, IT IS ESSENTIAL TO ACKNOWLEDGE THE SILENT STRUGGLES FACED BY FAMILIES AND INDIVIDUALS DUE TO THE INCREASING COSTS OF LIVING DURING THIS SEASON OF GIVING. FOR MANY, THE HOLIDAY SEASON BECOMES A CHALLENGE, WHERE ESSENTIAL NEEDS COLLIDE WITH THE DESIRE TO CREATE MAGICAL MOMENTS WITH LOVED ONES.

YOUR SUPPORT AT THIS CRUCIAL TIME CAN ILLUMINATE THE LIVES OF THOSE DEALING WITH THESE CHALLENGES, ENSURING THE SPIRIT OF CHRISTMAS CAN TRULY SHINE IN EVERY HOME.

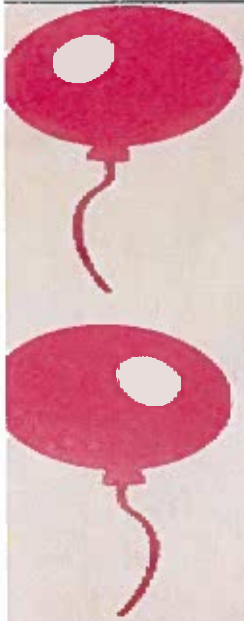
THANK YOU TO ALL THAT HAVE ALREADY DONATED TO OUR ANNUAL CHRISTMAS ELVES PROGRAM. SHOULD YOU WISH TO DONATE TO OUR 2024 CHRISTMAS ELVES CAMPAIGN, THERE ARE A FEW OPTIONS. DONATIONS ARE STILL BEING GRACIOUSLY ACCEPTED AT THE VILLAGE OFFICE OF WARBURG IN ANY WAY THAT YOU CAN; CASH DONATIONS, FOOD ITEMS, TOILETRIES, TOYS, SOCKS, OUTDOOR CLOTHING. TEENAGERS ARE HARDER TO SHOP FOR SO GIFT CARDS ARE ALWAYS WELCOME SUCH AS WALMART, AMAZON, BEST BUY, XBOX, ETC.

THERE WILL BE BOXES AROUND TOWN AT THE LOCAL BUSINESSES TO COLLECT ANYTHING YOU MAY HAVE TO GIVE. THE FIREFIGHTERS DRIVE WILL BE ON DECEMBER 7TH BEGINNING @9AM. PLEASE CONSIDER SIGNING UP FOR THE MANY VOLUNTEER OPPORTUNITIES DURING THE SEASON (SEE INFO IN NEWSLETTER)

INTAKES WILL BE OPENING ON **NOVEMBER 12TH**. SHOULD YOU WISH TO REGISTER FOR THE CHRISTMAS ELVES PROGRAM, PLEASE CONTACT KATLYNN @ 780-848-2828 OR FCSS@WARBURG.CA TO BOOK AN INTAKE APPOINTMENT. ALL INTAKES ARE CONFIDENTIAL!

THE DEADLINE FOR INTAKES IS **DECEMBER 10TH**.

TOGETHER WE CAN MAKE THIS HOLIDAY SEASON A TIME OF HOPE, COMPASSION AND HAPPINESS. HAPPY HOLIDAYS!



You Are Invited To

Our
**Cupcake
Birthday
Party**

October

Saturday

12

11am - 3pm

At Pigtopia
48052 range road 262



This is our fall fundraiser!
Please bring a bag of pig food or a donation towards feed!



INOPERABLE JD BRUSH MOWER

Warburg
AUTHENTIC LIVING

John Deere M-6
Brush Mower

DETAILS:

- 6 foot cutting width
- cutting deck and blade pan in good condition
- needs new gear box (out put shaft broken)
- JD IMatch 3 point hitch (complete)
- PTO shaft complete (540 splines)

Asking \$1000.00

OBO

Contact the Village Office

780-848-2841
office@warburg.ca





Council Notes

Council Notes: Complete Minutes are available on our Website once approved at the next month's council meeting.

September 9th, 2024 Council Meeting

Community Awareness Night

Council approved that any member of Council that is available to attend the Warburg Community Awareness Night on September 12th, 2024 be authorized to do so.

ATCO Franchise Fee & FORTIS Franchise Fee

Council moved that the Village keep the ATCO Franchise Fee at 10% for 2025 as well as make no change to the FORTIS Franchise Fee which will remain at 10%.

Utilities Affordability Statutes Amendment Act

Council moved that the Village of Warburg agree to the Franchise Agreement Re-Approval Process as per the Utilities Affordability Act, 2024 and take the necessary action to prevent the franchise agreement from being terminated by this new law. *Key changes can be found at <https://www.alberta.ca/making-utility-bills-more-affordable>

BBQ & Chili Cook Off

Council approved that the Village send invites to MP Soroka, MP Lake, MLA Boitchenko and to Leduc County Council for the BBQ & Chili Cook Off on September 20th, 2024.

Jasper Fire Community Fund

Council approved that the Village donate \$1000.00 to the Jasper Community Team Society.

5204-50th Avenue Request to Change Zoning

Council moved that the Village of Warburg will consider changing Section 71: C1 Commercial Central District of the Land Use Bylaw to add Caretaker's Residence to the Discretionary Uses.

Old Brush Mower

Council moved that the Village advertise to sell the old brush mower, as inoperable and if not sold in a couple of months, we will revisit selling it through auction.

Demolition Grounds—Tires and Cement Blocks

Council moved that the Village issue a letter to the Demolition Derby Committee requesting them to remove the old tires and cement blocks from the property formerly used for demolition derby events by October 15th, 2024.

RV Park Attendant

Council moved that the Village offer the RV Park Caretaker position to Mr. Danielson for the 2025 Camping season from May 1, 2025—September 30, 2025, in which on RV site will be reserved for Mr. Danielson at no cost.

OCTOBER FUN FACTS

In the original 10-month calendar, October was month 8. Hence the name, octo, Latin for 8. It's so weird when you think about it, isn't it?

Two Zodiac signs represent the month of October. If you were born between October 1st and 22nd, you're a Libra. Libras are known to be calm and balanced with impeccable taste. Born between October 23rd and 31st? You're a Scorpio. Scorpions are known to be passionate and magnetic with a strong will.

The flower that has come to represent October is the calendula or marigold. When we see this bright yellowy-orange flower we think of the fall sunset and the changing leaves. Marigolds represent comfort, healing and protection. Perfect for October, we say!





October 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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		1 Volleyball 7pm-9pm @ High School \$2	2 Tai Chi @ Pioneer Rec Centre 10am-11am \$2 Busy Brushes @ Cultural Centre 10am-2pm \$5/class Cards @ Senior Centre 1pm \$2	3	4 VILLAGE OFFICE CLOSED	5 Pie and Coffee @ Museum 1pm - 4pm
6	7 Mom Group 9:30am-11am Village Basement	8 Volleyball 7pm-9pm @ High School \$2	9 Tai Chi @ Pioneer Rec Centre 10am-11am \$2 Busy Brushes @ Cultural Centre 10am-2pm \$5/class Cards @ Senior Centre 1pm \$2	10	11 VILLAGE OFFICE CLOSED NO SCHOOL	12
13	14 VILLAGE OFFICE CLOSED NO SCHOOL Happy Thanksgiving 	15 Quilting @ Senior Centre 9am-2pm \$2 Volleyball 7pm-9pm @ High School \$2	16 Tai Chi @ Pioneer Rec Centre 10am-11am \$2 Busy Brushes @ Cultural Centre 10am-2pm \$5/class Soup & Sandwiches Cards @ Senior Centre 1pm \$2	17 Floor Curling @ Pioneer Centre 1pm \$2	18 VILLAGE OFFICE CLOSED	19 Pie and Coffee @ Museum 1pm - 4pm
20	21 Mom Group 9:30am-11am Village Basement Kids Have Stress Too 6pm-8pm Village Basement (Ad to be posted)	22 Quilting @ Senior Centre 9am-2pm \$2 Volleyball 7pm-9pm @ High School \$2	23 Tai Chi @ Pioneer Rec Centre 10am-11am \$2 Busy Brushes @ Cultural Centre 10am-2pm \$5/class Cards @ Senior Centre 1pm \$2	24 Floor Curling @ Pioneer Centre 1pm \$2	25 VILLAGE OFFICE CLOSED Playschool Halloween Dance 630pm-11pm	26
27	28 Mom Group 9:30am-11am Village Basement	29 Quilting @ Senior Centre 9am-2pm \$2 Volleyball 7pm-9pm @ High School \$2	30 Tai Chi @ Pioneer Rec Centre 10am-11am \$2 Busy Brushes @ Cultural Centre 10am-2pm \$5/class Cards @ Senior Centre 1pm \$2	31 Happy Halloween 		

